Celebrating 60 Years

Spirit of The Banda

Friday 2nd October 2026

A WORD FROM THE HEADMASTER

The busy and varied nature of school life was nowhere more apparent than in this morning's assembly. From a plethora of rosettes awarded from the Hillcrest Equestrian Competition to multiple DT certificates, to certificates for effort and good citizenship; from hearing of exploits on the cricket pitch - congratulations to Jenny and Paddy on their 50s - to our team victory in the Stowe Putter Golf Tournament, where Keith also came away as the overall individual winner;

On top of all that, we were treated to a superb recital on the flute by Adriana and a well-led presentation by 5BS on today's International Day of Non-Violence. Here was a snapshot of prep school life and just some of the many opportunities open to Banda pupils.

Amongst many other things, this week has also seen Year 1 out on a trip to Mizizi Eco-Circle; our swimmers heading over to Kenton this morning for relay races; and, this afternoon, we welcomed a group from KIMMTA who enjoyed using the Book Box.

And finally…. Good luck to all our girls and boys travelling to Pembroke this weekend for what promises to be a great day of cricket.

James Moss-Gibbons



Some of our Equestrians with their Rosettes

See Sept Week 6 events overleaf

wellbeing WALL

MAKING CONNECTIONS

Wednesday morning was full of smiles, conversation and new connections as our Year 3 and Year 8, and Year 4 and Year 7 children came together for a special mentoring morning. It was a wonderful opportunity to build new friendships and enjoy spending time outside their usual classroom routines. From a wellbeing perspective, these relationships are incredibly valuable: having someone older to look up to, and someone younger to encourage and support, helps children develop a sense of belonging, connection and responsibility. These positive relationships across year groups strengthen our school community and remind children that they are part of something bigger than themselves.








CHOCOCHAT WITH MRS ROGERS

This week, the Year 3 pupils joined Mrs. Rogers for ChocoChat. The discussion centered on their morning with the Year 8 pupils, with the Year 3 children sharing how much they enjoyed reading alongside and listening to the older children.



The Banda School

Word OF THE Week

Rambunctious

Full of noisy energy or difficult to control.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!



SPORTS DEPT UPDATE

We are delighted to welcome Lillian Oluoch to our Sports department for the coming few months whilst Annabelle Roberts is on maternity leave.

Coach Lillian is known by the children already as she coaches all our Extra swimming sessions, but she will now be responsible for swimming lessons and swim squads during the school day alongside Coach Collins.

Coach Lillian is also accompanying groups to the various galas. We are very happy to have her on board.

BOOK BOX TRAVELS

Two weekends ago, the Banda Book Box visited Kuwinda, where we joined a community football tournament and reached over 70 children. The Book Box was a huge hit, with the children enthusiastically exploring the books, listening to stories and enjoying the opportunity to read.

A huge thank you to Humphrey, our school driver, for safely getting the Book Box there and back, and to the Banda children who volunteered their time to read and share stories with the children. Zuri, Njoki, Mirembe, Lauren, Rocco, Ozzie, Alfie and Luna were all fantastic and represented The Banda impressively.

The Book Box enjoyed a visit from KIMMTA this afternoon!





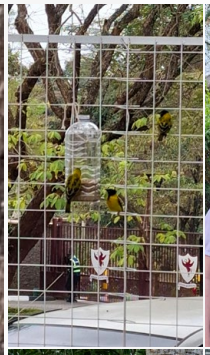
PLANET WARRIORS

This week in Planet Warriors we made bird and squirrel feeders from old plastic bottles. We want to bring in lots of birds to our garden. The birds have already found them! The squirrels are taking a bit longer to figure them out.















LITERACY FESTIVAL

On Friday 25th September, six Year 8 talented young artists and writers were selected to participate in an inspiring, hands-on creative writing and illustrating workshop with schools from all over Kenya. The session was led by the author and illustrator Tracy Thomas at the Nairobi Literacy Festival held at Sarit Centre.

The pupils began crafting their very own picture books, each focusing on an endangered animal of their choice. Under Tracy's guidance, they learned how to weave compelling story arcs with striking artwork, bringing creatures from owls to bats vividly to life on the page. They presented their work to a packed room with admirable confidence and professionalism.

It was a fantastic day filled with passion, imagination, and curiosity. Our young creators left the session buzzing with new ideas for their future work and eager to complete their books.

Mrs Birakos



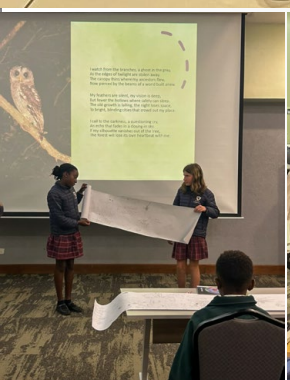
Write up from Ewatobi, 8KS

When Miss Brooke called me and a group of people to talk to us, I was so anxious. I wondered, what have I done wrong? Freddie, Mateo and I were plotting what we did wrong and came to a lot of completely different conclusions! We never expected the great news we received! We were going to the Literacy festival. 6 people were selected; 3 for illustration and 6 for literature (I was picked for illustration). I was so excited when I heard the news, I couldn't believe that I was picked to represent the Banda!

Around a week later at 8am, we were called to the minivan and set sail to Sarit Centre for the workshop. I remember the car being so comfortable, you could even control the windows! (Which in Banda is a luxury) The car ride was long ,but it was fun. When we arrived we were glad to be out of the car. Ameya guided us to the function and when we arrived we were greeted by the mascots.

We quickly went to our seats and settled down, our first activity was to answer 5 questions about undersung heroes. One of the questions I remember was "What is the most under-appreciated animal?" After a quick break and a delicious gelato, our second task was to pair up illustrators and writers and do a task together. For the writers you had to write a few things about animals and for illiterates you had to draw a few unsung heroes. When we finished that, the third task came which was by far the best. We had to write a poem from the animals point of view and draw an image about it. Ameya and I chose an owl seeing a witch and we worked together really well. We enjoyed presenting our work

Overall, the trip was an amazing experience and I'm so glad I got chosen for the workshop. The trip has brought us many great memories and inside jokes between us. I would definitely do this trip again and the whole trip was a 10/10.











CONGRATULATIONS

Adriana in Year 8 was delighted to represent The Banda School at the Butterfly Trust Concert last weekend. She performed a Grade 5 ABRSM piece, Career Paths by Ben Perry and Garth Bardsley, showcasing her musical talent and confidence on stage.

STOWE PUTTER WIN

Pembroke House hosted the Stowe Putter again at Gilgil Country Club on Monday 28th of September. The tournament was played over 9 holes by teams of 4 players, taking the best 3 Stableford scores for the team event. We had the advantage of playing the course on Sunday before Monday's competition. The boys practised on the browns which are completely different from the greens that they are used to playing on. They adapted to the speed and lines quite well and were all driving well off the tee. I was quietly confident that we would have a good day. The team consisted of Keith Tiger Masika (Capt), Declan Rory Walsh, Jaylen Chandaria and Stanislaw Szydłowski-Limb. Tiger led from the start taking the individual prize with 18 points playing off 12 handicap. The other players, all non-handicapped have, in the past, been given 2 shots per hole. Instead they played off shorter courses according to their ages. 'Stasiu' was our second best player on the day playing 4 over gross and scoring 14 points. Rory was Rory with 6 pars on his card but 3 blowouts giving him a final score of 12 points. Jaylen recorded 4 pars and 2 bogeys to score 10 points. Overall, these scores were good enough to win the tournament by 3 shots. Well played boys!

We host The Banda Trophy in January at Karen. I will be able to enter 2 teams in this event so I will be looking for more players. If your child plays in other club competitions, again, please let me know so that I can keep up to date with their progress.



EQUESTRIAN CORNER

with Mariella Stanley - Equestrian Captain

It has been a super busy couple of weeks for our Banda riders and their ponies! We have been out competing a lot, and everyone involved, including our parents, have worked so hard.

On Sunday 20th September, we had a few teams at the Hillcrest International Schools Show. Our younger riders tried their luck in the Gymkhana Games and Grassroots Jumping (40cm to 60cm), which was really fun to watch. We had only 1 team in the Regionals jumping from 70cm – 90cm, who also did their absolute best. Even though we finished 3rd overall, the team spirit was buzzing and it was awesome to see the younger kids doing so well and improving. The show was really well supported with many kids competing from lots of other schools.

Horse riding is way more than just a hobby. It is a really tough sport and it teaches us that things hardly ever go perfectly! Whether it is dealing with last-minute nerves, a stubborn pony who won't cooperate, or a missed stride before a jump, everyone showed serious grit. Riders just dusted themselves off, cheered for their teammates, and showed that riding is all about passion and bouncing back with a smile.

The combined results from all the competitions resulted in The Banda coming third overall. Well done to each and every rider and pony that competed.

Right after that, last weekend, some Banda kids went to the Silverdale Happening and Show out at Northlands. It was absolutely scorching hot, but everyone who took part gave it their best. The Cross Country was a massive challenge, so huge hats off to those who managed to get all the way around the course, or even just part of the way! Thrills and spills are just part of horse riding. The biggest lesson we learn is that if it doesn't go your way this time, you just have to come back and try again another day – just don't give up - that is the true spirit of horse riding!

Here are some of the results that were shared by a few who were at this show: Njuguna Minjire (Kitkat) 1st – Thelwell Jumping and 1st – Handy Pony, Isla Mackey (Shadow) 3rd – Thelwell Jumping & 3rd – Handy Pony, Edie Blackmore-Evans (Bella Donna) 1st – Under 13 Combined Training &
3rd – Team Gamblers, Honor Lallia (McFlurry) 2nd – Under 13 Combined Training, Mathilde Schneipper (Charlie) 3rd - Under 13 Combined Training & 4th – Under 13 Cross Country, Kingore Minjire (Blanc) 2nd – 60cm Jumping and Mariella Stanley (Pebbles) 1st – Pony Intermediate Combined Training, 1st – 90cm Jumping, 1st – 90cm Hit & Hurry Jumping, 1st - Pony Intermediate Cross Country and 1st – Junior VICTOR LUDORUM (Overall show winner)!



























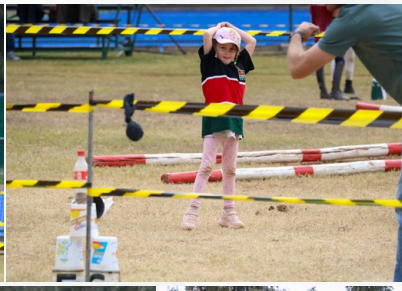









2 2














AMBULANCE
AMBULANCE



Your PTA Committee

THE PEOPLE REPRESENTING YOU

THANK YOU FOR AN INCREDIBLE COLOUR RUN!

A huge thank you to everyone who joined our PTA Colour Run and helped make it such a colourful, energetic, and community-spirited morning.

Special thanks to all the volunteers who supported registration, set-up, colour stations, route support, photography, clean-up and countless behind-the-scenes tasks. We couldn't have done it without you.

Funds raised will support the **Banda Book Bus** and **KSPCA**— two causes that reflect our community's commitment to children, learning and animal welfare.

TICKETS SOLD	TOTAL RAISED
433	KES 60,692



MEET THE PEOPLE REPRESENTING YOU

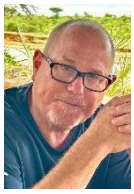
All parents are members of the Banda PTA. The committee are simply your representatives for the year: parent volunteers here to support PTA events and activities and, most of all, to build connections across our community.



Grace Ndungú
PTA Chair



Marita Huurinainen
Secretary (Vice-Chair)



Steve Evans
Treasurer



Joanna Zhang
Rising Stars



Beth Vowles
Nursery 1 & 2



Tagan Hackart
Reception



Pippa Strong
Year 1 Rep



Lizzie Llewellyn
Year 2 Rep



Harmeet Osahan
Year 3 Rep



Nuran Idris
Year 4 Rep



Nyambura Karuthiru
Year 5 Rep



Manali Larsen
Year 6 Rep



Wanjiku Njuguna Minjire
Year 7 Rep



Audrey Waita
Year 8 Rep

GET IN TOUCH Email the PTA at **pta@bandaschool.com**, or message your year rep on WhatsApp.

COMING UP

Next week: we'll introduce the PTA sub-committees — uniform, food, charities and communication.

In the coming weeks: "get to know your PTA committee" so you can meet the people behind the names.

PTA COLOUR RUN PICTORIAL

















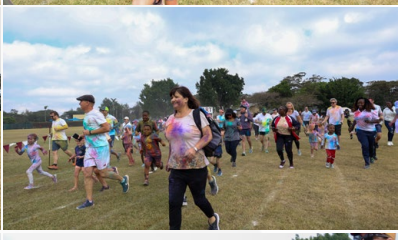




















































The Banda


The Banda


The Banda





The Banda


The Banda

YEAR 8

This week, our Year 8 historians stepped into the shoes of 19th-century diplomats to re-enact the Berlin Conference of 1884. By taking on the roles of European representatives, students practised the vital historical skills of historical inquiry, source analysis, causation, and perspective-taking, as they investigated both the diplomatic strategies of European powers and the grave historical consequences for African sovereignty.















YEAR 7

In English, Year 7 were reading ‘The Other Side of Truth’, a novel that they are studying this term.









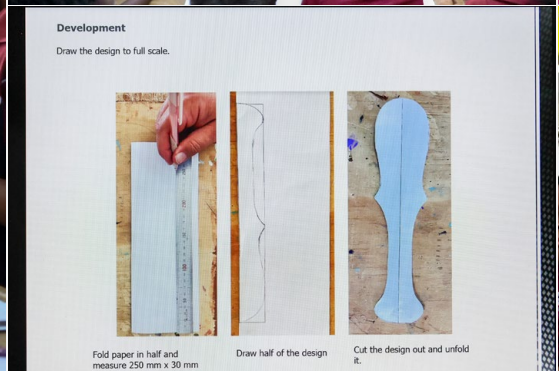


YEAR 6

This week in Design and Technology, Year 6 took on a practical woodworking challenge led by Mr Kiragu as part of his teacher training. Pupils learned how to accurately mark out their Clapper designs onto softwood, using a tenon saw for precise safety cuts and a coping saw to carefully shape the curves. Taking inspiration from human factors, pupils applied real world anthropometric data to design the handle sections, ensuring their final Clappers are both functional and comfortable to hold. It was fantastic to see such focus and craftsmanship in the workshop.







YEAR 5

Year 5s investigating whether different shapes of plasticine affect how fast it falls through oil. Pupils planned their investigations carefully to address a lot of control variables to make their tests as fair as possible! A lot of fun & mess ensued!

















Word of the Week

JUNIOR

Delicate

Easily damaged or broken.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

LOWER SCHOOL HOUSE CAPTAINS

Lower School House Captains listening to Year 1 and 2 readers.









YEAR 4

Year 4s experimented with plate tectonics this week. Understanding how plates on the surface of the earth and sea level move. This is linked to the natural disasters we will be studying next week such as volcanoes, earthquakes and tsunamis.











Benito brought the Romulus and Remus statue and a lot of Roman books to share with the Year 4s.



YEAR 3

Our budding scientists became rock detectives. We have learnt about three types of rock: igneous, sedimentary and metamorphic. To work out the properties of rock we tested the magnetism, acidity, permeability and hardness.



YEAR 3

We are working hard in 3HF. Creating our own magic boxes in Literacy and designing a local map in Geography. Look at our perfect pencil grips, too! We have started week 5 with a bang.



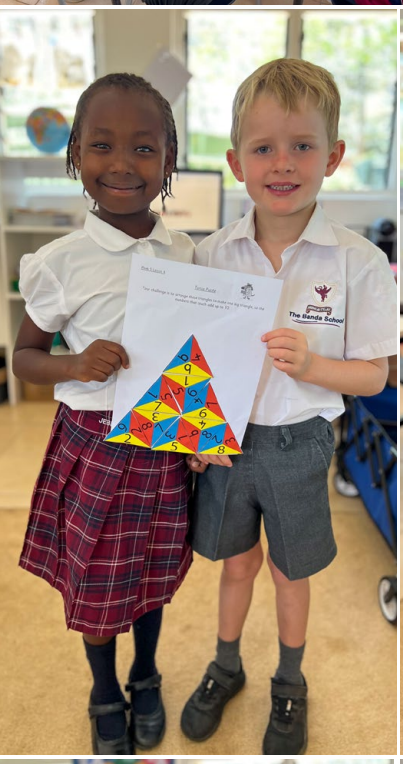
In China it is the mid-autumn festival to observe the moon at its fullest and brightest. This symbolises family completeness and reunion. Olivia kindly brought in moon cakes.



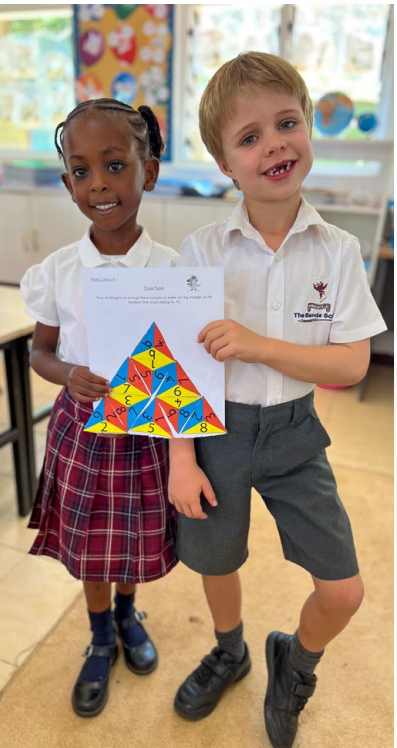
YEAR 2

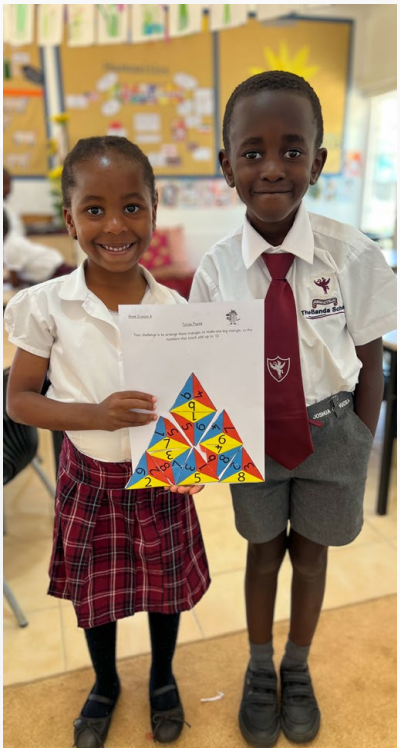
2SR thoroughly enjoyed creating their own tiger fact posters using Britannica on the iPads. They worked with their learning partners and showed fantastic research skills. They also tackled a challenging tarsia puzzle in numeracy, applying critical thinking and their knowledge of number bonds to 10.










YEAR 2

In Religious Studies, we really enjoyed learning about the Hindu festival of Diwali. We were lucky to have Shiv's mum join us to share some of the rich customs and traditions associated with the celebration.









YEAR 2

2LK had a great time in Literacy this week researching facts about tigers on the Britannica website. They recorded their favourite facts in a fact file.









Former 1SO pupils, now in Year 2, celebrated Argentina's World Cup silver with a special treat!



YEAR 1

In RS we are learning about different animal stories in different religions. We looked at the story of Noah's Ark. We created our very own arks with animals inside.













YEAR 1

In Science, we explored our senses further by setting up a fruits and vegetables market and sorting them based on sight, touch, smell and finally taste.









In Numeracy, we introduced parts of a number to make it a whole number. The learners enjoyed engaging practically in different activities to be able to reinforce the concept.



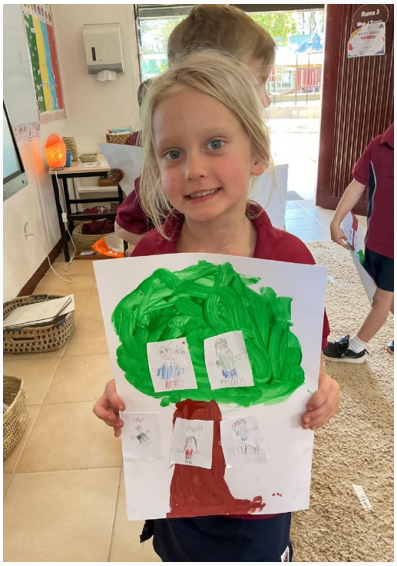




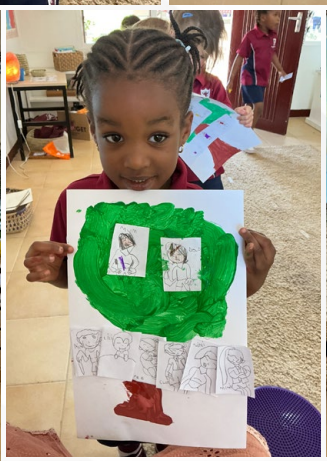


YEAR 1

In Humanities we learnt about family trees and made one of our own.














Pegasus

Word of the Week

line up



RECEPTION

We enjoyed exploring 2D shapes and getting creative with our very own Picasso inspired face creations. Each child chose different shapes for their facial features and proudly brought their unique ideas to life. In phonics, Reception children are using their phonetic knowledge to model sounds, words and even in constructing simple sentences. Well done to all of them.

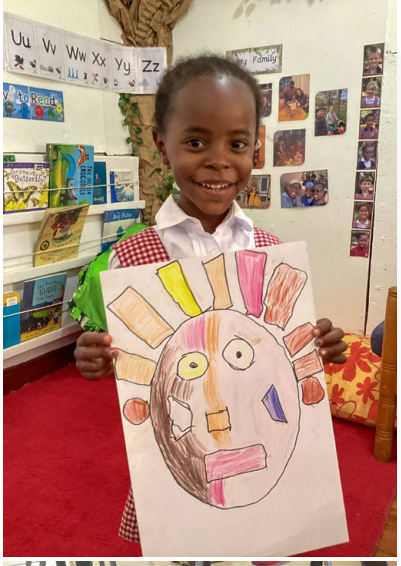


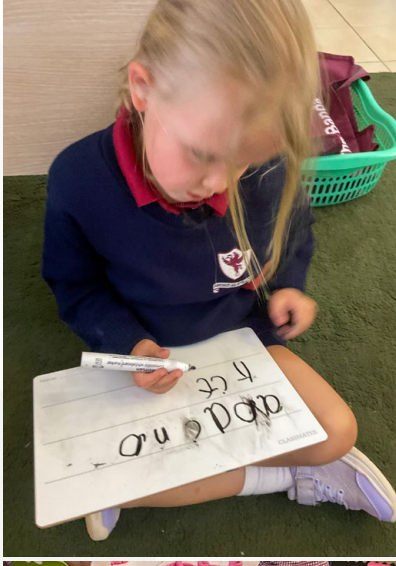
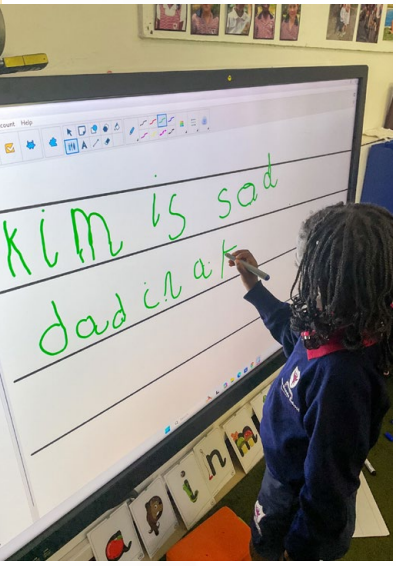
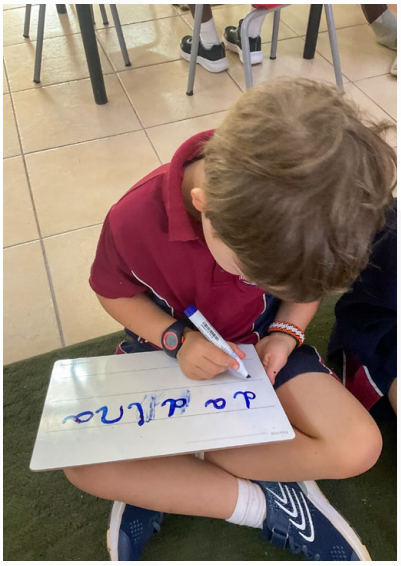
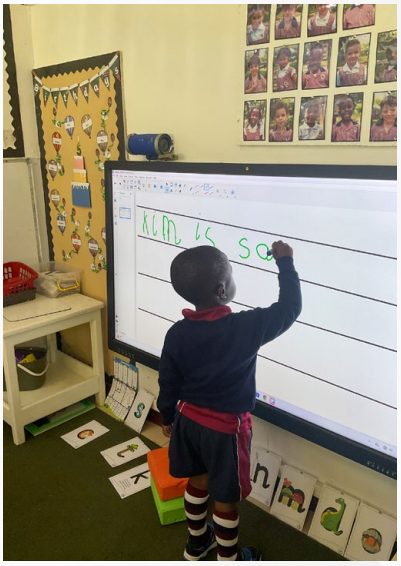


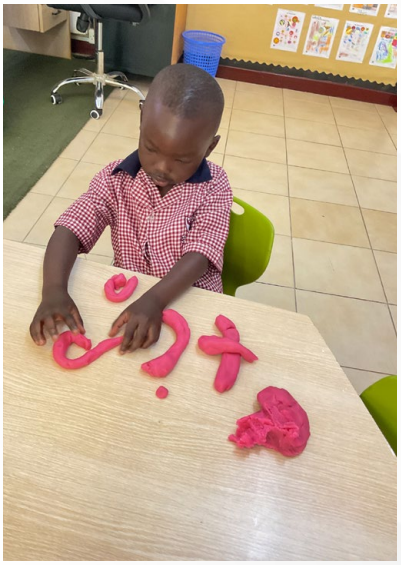







Uu Vv Ww Xx Yy Zz



kim is sad
dad is at


kim is sa


Welcome to RME


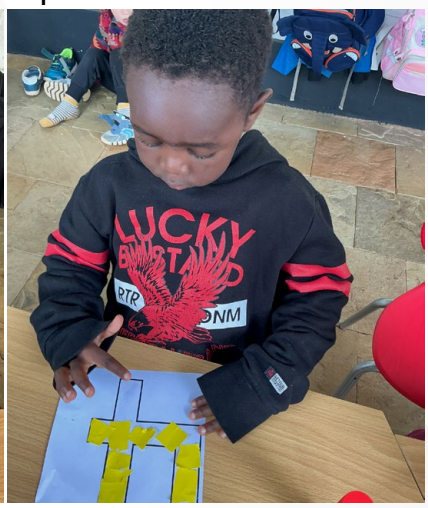

Pat a dog.





NURSERY 2

This week Nursery 2 have been busy exploring the wonders of the sky through Twinkle, Twinkle, creative art and hands-on craft activities. Through painterly textures, collages, and fine motor work, the children investigated what makes daytime and night time special. These activities offered a wonderful blend of scientific curiosity, fine motor development, name recognition and artistic expression.



























NURSERY 1

It was all about the colour green! The Nursery 1 children were thrilled to learn about frogs, enthusiasm running high as they decorated their very own paper plate frogs complete with big eyes and long tongues.
































RISING STARS

The Rising Stars learned about oral health from Sr. Tania. We ought to brush our teeth every single day.

























A NUGGET



This week we served boiled eggs and toast as a Pegasus snack and egg sandwiches in the Lower and Upper School.

This healthy and nutritious break was thoroughly enjoyed across the school!

Recipe to Try at Home

Butternut Soup

Key Ingredients

- 1 large butternut, peeled and chopped
- 1 onion, chopped
- 2 carrots, chopped
- 1 garlic clove
- 1 litre vegetable stock
- 2 tbsp olive oil
- 100 ml cooking cream
- Salt and pepper

Method

1. Heat oil and soften the onion.
2. Add garlic, butternut and carrots. Stir.
3. Add stock and simmer for 25–30 minutes.
4. Blend until smooth, with adult help.
5. Stir in the cream and season.
6. Cool slightly and serve.

Tip: For a slightly sweeter flavour, roast the butternut in the oven before adding it to the soup.

WEEK 6	MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	BREAK	Cucumber Sandwiches Fresh Fruit	Cheese Crackers Carrot Sticks	Honey Drop Scones Fresh Fruit	Focaccia Cucumber Sticks	Marble Cake Fresh Fruit
LUNCH:	SOUP					Butternut Soup
	MAINS	Margarita Pizza GF & DF Pizza Baked Beans	Honey & Lemon Glazed Roast Chicken Maxim Potatoes	Mild Beef Curry Steamed Buttered Rice	Chicken Tikka Naan	Fish Goujons For PEY: Chicken Goujons French Fries
	VEGGIE	Potato Salad Boiled Eggs Sweet Corn	Chickpea Cutlets Vegan Chickpea Cutlets Maxim Potatoes	Mild Bean Curry Steamed Buttered Rice	Paneer Tikka Vegan Veg Patties Naan	Egg Curry Vegan Nuggets French Fries
	SIDES	Coleslaw Tomato Cucumber Lettuce	Crunchy Vegetables	Sautéed Cauliflower & Broccoli	Fresh Seasonal Vegetables	Fresh Seasonal Vegetables
	DESSERT MAIN SCHOOL	Fruit Salad Custard	Fruit Platter	Ice Cream Fruit	Steamed Marmalade Pudding Custard	Fruit Platter
	DESSERT PEY	Fruit Salad	Fruit Platter	Fresh Fruit	Passion Fruit Mousse	Fruit Platter

SALAD BAR - an assortment of salads is served daily

Lettuce, Tomato, Cucumber, Coleslaw, Carrot Sticks, Beetroot, Quinoa, Grated Cheese, Grated Carrots, Couscous, Two Beans Salad, Pasta Salad, Egg Salad, Roast Chicken, Roast Beef, Avocado

DRESSINGS - Honey Vinaigrette, Cocktail Sauce, Mayonnaise

Menu subject to change. All meats are Halal

NOTICE BOARD

IAPS KENYA

ST.E.A.M DAY

SCIENCE · TECHNOLOGY · ENGINEERING · ART · MATHS

SPONSORSHIP OPPORTUNITY: HELP US EMPOWER YOUNG MINDS!

WE INVITE YOU TO BE A PART OF THE BANDA SCHOOL

When: Wednesday, 13th November
Who: All Kenya IAPS schools + local Kenyan school integration
Activity: Students tackle a real-life problem as collaborative teams
Impact: Promoting collaboration, critical thinking, and a shared future

FUNDING NEEDED FOR PUPIL KIT: T-SHIRTS AND BAGS



SPONSOR BENEFITS

- Logo placement on T-shirts & bags
- Brand exposure to a wide network of schools and families
- Newsletter feature
- Supporting local education and integration

If interested please contact Mr De Wet at The Banda School
an.dewet@bandaschool.com

THANK YOU FOR SUPPORTING KENYAN STUDENTS AND OUR FUTURE!

NOTICE BOARD



NOTICE BOARD







NOTICE BOARD



Registration: 8:30am | **Guided Tours:** 9:00am

Refreshments and Q&A: 10:15am

We welcome you to meet our community and explore our excellent learning environment.

• Day • Weekly Boarding • Full Boarding

Kindly book your tour through registrar@peponischool.org | 0735887425
www.peponischool.org | Peponi School, Northlands Ranch, Off Thika Super Highway

NOTICE BOARD

KENYA ORCHID SOCIETY PRESENTS

ONCE UPON AN ORCHID



The theme of the competition this year is 'ONCE UPON AN ORCHID...'

This competition is open to schools in Nairobi and the environs and will be classified in five age groups as follows;

6 years and under;
7 - 10 years; 11 - 13 years;
14 - 16 years; 17 - 19 years

Closing Date:
Wednesday 14th October, 2026

All pictures entered in this competition will be displayed at the Annual Orchid Show, 29th October - 1st November, 2026, at the Sarit Centre Exhibition Hall

NOTICE BOARD

