



*Celebrating 60 Years*

# Spirit of The Banda

Friday 5th June 2026

## A WORD FROM THE HEADMASTER

Many congratulations to our Year 8 pupils who have completed their Common Entrance exams this week and now have a busy and fun-packed Leavers' Programme to look forward to over the coming weeks. Huge congratulations too to our latest senior school award winner, Sade, who had been given a Nsouli Scholarship to Brookhouse School for both academic excellence and music. This is a very prestigious award for the Inspired Schools group, competed for by thousands of pupils across the world.

As we approach the end of the school year, the next four weeks promise to be busy and rewarding ones for pupils across the school, with various trips, sports tournaments, theme days, charity events and house competitions still to come.

And finally.... Watch out for the launch of our amazing Banda Book Box in the coming days. If you haven't yet come across it, do search it out on social media.

**James Moss-Gibbons**



See April Week 8 events overleaf

Follow us on:     

# SECONDARY SCHOOL INFO



*You are invited...*



Treetops Boarding

**Pack your bag - you are ready to  
explore your next steps after Prep School**

Join us for an overnight Boarding Experience at Treetops Boarding House

Explore your options for Year 9 in August 2027

Stay overnight • Join lessons • Experience Braeburn boarding life

**Thursday 4 June 2026 • Thursday 11 June 2026**

Reserve your place today

[marion.nyamweya@braeburn.ac.ke](mailto:marion.nyamweya@braeburn.ac.ke) • +254 715 433 218

#joinusforthejourney

[gardenestate.braeburn.com](http://gardenestate.braeburn.com)



We are very much looking forward to our focus on ocean conservation during our Big Blue Day on Friday 12th June.

We will be asking all pupils to come to school wearing blue, and to send a contribution of Ksh 200 which will go towards the Seas4Life charity. We will be welcoming representatives from the charity to school on that day who will be running sessions with the pupils, and we will be having fun with ocean themed activities during the day.

If pupils have taken part in the competition involving making a hat out of recycled materials, it would be great to see the hats on Friday too!

Contributions can be made in cash or to Paybill number: 172749, Account Name: Big Blue Day.

An Invitation to...



# Secondary Schools Exhibition Fair

## Hosted at The Banda IAPS

### U13 & U11 Netball Tournament

SATURDAY 13th JUNE 2026 | 9AM - 2PM



EXHIBITING  
SECONDARY  
SCHOOLS

**10** UNITED  
KINGDOM  
SCHOOLS

**6** BRITISH  
CURRICULUM  
SCHOOLS-KENYA

**1** SOUTH  
AFRICAN  
SCHOOL

EXHIBITORS



**BROOKHOUSE  
SCHOOLS**  
NAIROBI, KENYA



**MILLFIELD**



# SECONDARY SCHOOL VISITS



*Join Harriet Langdale, Director of Admissions & David Laventure, Head of Sport*

**Sat 13 June 08.30-14.30: The Banda's Senior Schools Fair**

**Weds 17 June 18.00-20.00: Drinks at The Talisman, Nairobi**

[Register here](#)

**Sat 20 June 09.00-15.00: Pembroke House Senior Schools Fair**

**Thurs 18 June 18.00-20.00: Drinks at Muthaiga Country Club**

[Register here](#)

*Click to see some videos about Ampleforth and here for our website*

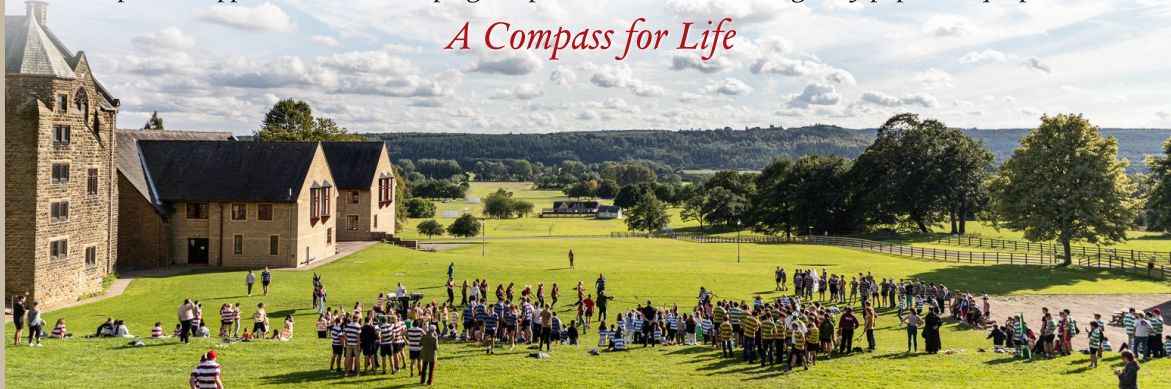
**Co-educational - Catholic - Boarding**



**AMPLEFORTH  
COLLEGE**

*Exceptional Opportunities - Developing independent minds - Nurturing every pupil's unique potential*

*A Compass for Life*



*Ampleforth Drinks Reception*

[Register here](#)

**Wednesday 17 June, 6-8pm - The Talisman, 320 Ngong Road, Karen, Nairobi**

**Thursday 18 June, 6-8pm - Muthaiga Club, Nairobi**

Meet Harriet Langdale, Director of Admissions & David Laventure, Head of Sport, current parents and alumni to find out about life at Ampleforth. [Click here](#) to watch some short videos about the school.

# SECONDARY SCHOOL VISITS



Giles Bell, Senior Admissions Tutor, invites you to explore the opportunities and experiences that define life at Shrewsbury School

**Tuesday, 16<sup>th</sup> June**  
**Banda School**  
**2:30pm-4:00pm**

Please RSVP via email to [gjfb@shrewsbury.org.uk](mailto:gjfb@shrewsbury.org.uk)



**KINGSWOOD  
COLLEGE**  
SOUTH AFRICA

*In cheerfulness*  
is the success of  
our studies

Set in the picturesque Eastern Cape countryside, every child is known by name, and inspired to thrive in a nurturing, family-like environment at Kingswood College.

We shape well-rounded young people who are confident yet grounded, capable yet compassionate, and, above all, truly happy.

We invite you to connect with us to find out why Kingswood is one of the leading co-educational, boarding schools in South Africa.



**Wednesday, 17 June 2026**  
**14h00 - 15h00**  
**The Banda School, Nairobi**

Kindly contact Mrs Danel Pruisen for more information:  
WhatsApp +27 81 818 4644 or email [admissions@kingswoodcollege.com](mailto:admissions@kingswoodcollege.com)



*See you soon*  
**NAIROBI**



ST ANDREW'S COLLEGE



THE DIOCESAN SCHOOL FOR GIRLS



ST ANDREW'S PREPARATORY SCHOOL

## Join us for the Nairobi Information Evening!

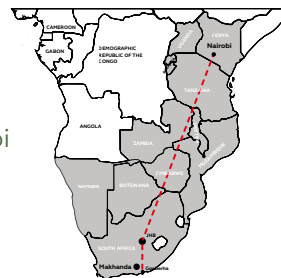
Discover the exceptional co-educational experience offered by our **Family of Schools - St Andrew's College, the Diocesan School for Girls and St Andrew's Preparatory**. Three independent schools renowned for excellence in all spheres of education, rich tradition, adaptability and forward thinking, ensuring a holistic and innovative education.

**Thursday, 18 June 2026**

**Time: 18:00**

**Venue: Hemingways, Karen, Nairobi**

[CLICK HERE TO BOOK](#) [Quicket](#)



FOR ANY QUERIES, PLEASE CONTACT

Lindsay Vroom | [Lvroom@dsgschool.com](mailto:Lvroom@dsgschool.com) or +27 082 494 1020 (DSG)  
Bridget Rippon | [b.rippon@sacschool.com](mailto:b.rippon@sacschool.com) or +27 046 603 2300 (St Andrew's College & Prep)

[www.dsgschool.com](http://www.dsgschool.com) | [www.sacschool.com](http://www.sacschool.com) | [www.saprepschool.com](http://www.saprepschool.com)

# SECONDARY SCHOOL VISITS

DISCOVER  
BALANCE &  
BELONGING...  
*in the heart of the Eastern Cape*



**WOODRIDGE**  
COLLEGE AND PREPARATORY SCHOOL  
MORE THAN A SCHOOL. AN EXPERIENCE



## WHY WOODRIDGE?

Woodridge is a prestigious independent boarding & day school in South Africa, defined by its authenticity and extraordinary natural environment, where young people grow through balance and belonging.

Set amid the freedom of nature, we provide diverse opportunities in experiential learning, alongside an extensive sporting, cultural, and outdoor education curriculum. This unique fusion of academic excellence and character building fosters a genuine sense of community, producing confident, compassionate individuals who are as capable in life as they are in learning.

## Join our Parent Information Session

Date: Thursday, 18 June 2026

Time: 18h30

Venue: Fairway Restaurant, Karen Country Club, Karen Road, Nairobi

[CLICK HERE TO RSVP](#) 

FINAL DATE TO RSVP: 11 JUNE 2026



**MICHAELHOUSE**

The Michaelhouse Director of Marketing & Admissions, Murray Witherspoon, warmly invites you and your son to an

**INFORMATION  
EVENT**

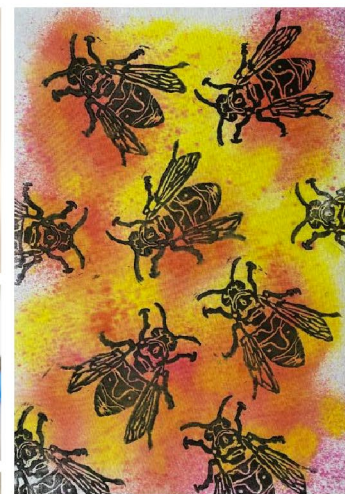
**NAIROBI**

on Thursday 18 June 2026  
at Matteo's Restaurant, Karen, Nairobi  
at 6pm

[CLICK TO RSVP](#) 

Or email [CatCas@michaelhouse.org](mailto:CatCas@michaelhouse.org)

The format of the event is informal, and is aimed at sharing the school's educational, sporting, pastoral, spiritual and developmental philosophies in some detail.



You are invited to  
**The Banda School's Art & Design  
and Design & Technology  
Exhibition**

**Wednesday, 1st July 2026  
4:00 PM - 6:30 PM  
The Banda School Arts Centre**

Join us for a vibrant celebration of creativity, innovation, and imagination at The Banda School's inaugural Art & Design and Design & Technology Exhibition – a spectacular showcase of our pupils' incredible work.

Come and experience stunning artwork and innovative projects. This is more than an exhibition – it's a celebration of the arts, a community gathering, and an opportunity to witness the future of creativity in action.

All are welcome – parents, pupils, families, and our local community. Don't miss this event at The Banda School – where imagination takes centre stage.

# Word OF THE Week

Benevolent

*Kind and wanting to do good for others.*

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

**Stop asking  
"How was your day?"**

**How much maths  
do you think is  
used on a  
daily basis?**





## HOW TO SET UP PARENTAL CONTROLS ON ROBLOX

If Roblox is part of your child's weekend plan—now is a good time for a settings refresh. Roblox is social, busy, and easy to sink into, so the defaults are worth checking before it becomes the main hangout.

There are actually more controls on the platform than most parents realize. Here's where to start:

Log in to your child's account at [roblox.com](https://www.roblox.com), then go to Settings → Privacy.

For Who can message me and Who can chat with me in-app, "Friends" is the safer default for most kids. "Everyone" opens the door to strangers in ways that are hard to track.

### Who can join them in games

Under Who can join me in experiences, selecting "Friends" limits who can follow your kid into a game session. For younger kids who mostly play solo, "No one" may make more sense.

### Account restrictions

Under Settings → Security, turn on Account Restrictions to limit your child to a curated list of age-appropriate games and disable the chat. This is especially useful for younger kids or any kid who has had issues with strangers online.

### Parental PIN

Set a PIN under Settings → Security so your child can't change the settings themselves. Without the PIN, the rest of the setup is more of a suggestion.

### Spending controls

If a payment method is linked, go to the Parental Controls page and set a monthly Robux spending limit.

**A reminder: Roblox has more than 150 million daily active users. Settings help, but they aren't the whole story. The better check-in is still simple: What are you playing, and who are you playing with?**

## PSHE

This half of term, our PSHE lessons are all about big dreams and bright futures! Pupils will explore different jobs, consider what they'd love to do when they grow up, and learn how money plays a role in achieving their goals. We will also be looking globally to discover the amazing dreams of young people in other cultures and finding ways we can support each other, both here and abroad (like through fun sponsorship ideas!).



# EQUINE ASSISTED WELLBEING

Before Half Term, a group of Year 5 to 8 pupils took part in our new Equine Assisted Wellbeing programme, led by qualified Equine Assisted Therapist, Mrs Sabina Hutchison. We visited her stables on Banda Lane and the children enjoyed spending time with the horses through a range of structured, ground-based activities. The sessions focused on building confidence, emotional awareness, empathy, communication skills and self-regulation in a calm and supportive environment. The children learned about trust, responsibility and boundaries while developing meaningful connections with the horses, who provide a unique, non-judgemental space for reflection and personal growth. The time spent there is a wonderful opportunity for pupils to strengthen their wellbeing, social skills and confidence while enjoying time outdoors with both the horses and each other. This is an opt in option, so do encourage your children to take part in this next term when it is on offer again. These visits will run over 3 weeks on Friday afternoons.



# CHESS UPDATE

We are incredibly proud of our young chess stars: Aaliyah, Aydin, and Christian, who recently came back from the Africa Youth Chess Championships in Entebbe. They faced off against the best players from over 8 countries across 9 intense rounds played over 10 days. The team achieved some fantastic milestones: Aaliyah delivered a stellar performance, tying for 1st place and taking home the Silver Medal in the U8 girls category. Aydin and Christian successfully completed their first-ever international tournament with great poise with Aydin proudly representing as the sole Tanzanian national in the competition. Congratulations to all three children for their hard work, resilience, and growth on the international stage.



# CONGRATULATIONS

Sanaa in Year 3 has been selected by the Kenya International Theatre Festival Trust (KITFest Trust) to participate in their upcoming production of The Lion King Jr.

This is a professionally guided youth programme focused on nurturing creative expression and discipline through the performing arts.

KITFEST TRUST  
PRESENTS

*I will be Performing*  
► **Sanaa**  
As a Singer

**LION KING**  
Junior the Musical

Tickets available at [theatreke.com](http://theatreke.com)

DATES  
**11th - 14th June, 2026**

VENUE  
**C. U. Shah Jain Bhavan, Loresho (Auditorium)**

## U9 FESTIVAL

On Thursday 4th June, our Under 9 Warriors and Mavericks travelled to Braeburn Garden Estate to take part in the IAPS Under 9 Rugby and Netball Festival. The pupils were full of excitement and eager to enjoy a fantastic day of sport.

The girls, led by captain Isabella Stanford, played some excellent netball throughout the morning and demonstrated tremendous determination in every match. Miss Bewers was incredibly proud of the team, particularly as the improvement they showed from their first game to their last was remarkable. The Mavericks finished the day with an impressive record of six wins and two losses. Well done to all the Under 9 Mavericks.

The boys, captained by Atticus Steyn, produced their best rugby of the season. They displayed outstanding heart, passion and enthusiasm in every game, tackling with determination and carrying the ball with confidence and purpose. Their efforts were rewarded with a perfect record of seven wins from seven matches. Congratulations to the Under 9 Warriors on a superb performance.

All of the pupils represented The Banda with great pride, displaying excellent sportsmanship, teamwork and determination throughout the day. Everyone associated with the school should be extremely proud of their efforts and achievements. Well done to all involved.



# YEAR 8

This week our Year 8 pupils finally sat their Common Entrance examinations which they have been preparing for throughout the year. All pupils took ISEB papers in English (Writing and Comprehension, Maths (Non-Calculator, Calculator and Mental Arithmetic) and Science (either separate Biology, Chemistry and Physics or Combined Science). A small number of pupils also sat an Additional Maths paper. In addition, papers in Geography, History and French were also sat which form part of our Banda Diploma. We are so proud of how the pupils approached the examinations and fingers crossed for the results which pupils will find out next Friday! Well done Year 8 and thank you to their parents for the support too!



# YEAR 7

Our Year 7s have been investigating forces in Physics, specifically how air resistance and gravity oppose each other when a parachute falls. To test their understanding we had an egg drop competition with prizes for longest flight, best design and most creative. Most of the eggs survived. Well done to Arian whose parachute flew for 3.65 seconds!



# YEAR 6

This week in computing, it has all been about stop motion animation for our Year 6 pupils. They had to design their storyboard and make it come to life after watching inspiration from Wallace and Gromit. They learnt how to use the onion skinning tool to ensure consistency in their animations, and we look forward to seeing their final designs. We even had a guest appearance from a tree hyrax trying to get their 5 minutes of fame!



# Word OF THE Week

## JUNIOR

*Eligible*  
*Allowed or qualified for something.*

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

### YEAR 4

Our Year 4s had an absolute blast on their trip to Sagana! Showing fantastic behaviour and a brilliant 'go for it' attitude, the pupils tackled the climbing wall, low ropes, and ziplining. They pushed through with grit, especially while rafting and being splashed with cold water, and showed true teamwork in games. The fun continued with gusto in the swimming pool and then into the evening with a hilarious "Top Trumps" tournament, where our talented children proudly showed off their best singing, dancing, funny faces, modelling, flossing, and the worm! Our thanks to the Savage Wilderness Team for making our stay memorable and safe, Asante Sana!





# YEAR 3

It's like we never left for half term! Year 3 are back to work with a special visit from Miss Brooke, Head of English!



# YEAR 2

The Year 2s have been working hard in their Computing lessons making PowerPoint Presentations linked to their Humanities topic, Ancient Egypt. They enjoyed watching and listening to each other as they presented their slides.



# YEAR 2

Art this week involved moulding our own scarab beetles out of clay. We tried to make them like the ones found in Ancient Egypt. Next week we will paint them turquoise!



# YEAR 1

In Year One we began learning about Italy in Humanities and had fun making the Italian flag.





# Pegasus Word of the Week

**reflective**



# pegasus early years play





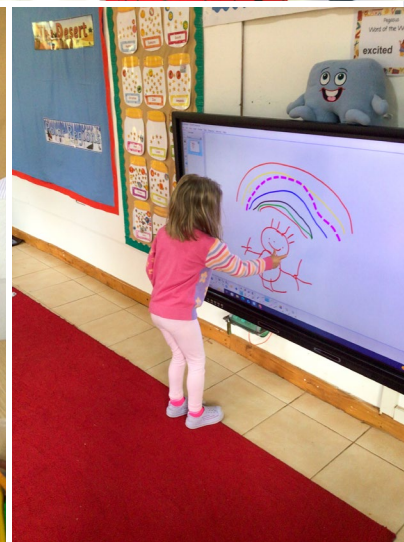
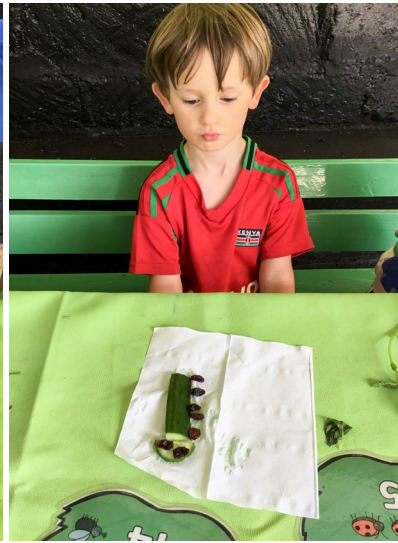
# RECEPTION

We started our space topic and once again enjoyed listening to our favourite stories read to us by children in the Upper School.



# NURSERY 2

Our "Habitats" topic is officially underway! We kicked things off in the "Deep Dark Woods" with The Gruffalo, learning all about forest animals and sketching our favorite characters. The highlight was making and eating our very own forest bugs in cookery!



# NURSERY 1

The children enjoyed exploring the sense of touch by feeling a variety of materials and describing different textures. They also had great fun finger painting, experiencing the cool, slippery paint on their fingers while creating colourful artwork.





# RISEING STARS

The Rising Stars explored sensory experiences of materials with different properties as they learned about Minibeasts.





Recipe to Try at Home

## Butternut Soup

### Key Ingredients

- Ginger
- Garlic
- Butternut squash
- Rosemary and sage
- Onion
- Veg oil
- Salt

### Method

1. Chop the vegetables
2. Saute onions add the squash
3. Cook until soft
4. Stir in the herbs, garlic, ginger
5. Add the veg broth
6. Simmer until tender
7. Garnish with parsley
8. Serve



## Did You Know?

All staff handling food have food handlers check ups at the beginning of every term



## A NUGGET

We would love your favourite home made recipes! Please share with your class PTA rep.

WEEK 8 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING BREAK</b>	Vanilla Cookies & Fruit	Cheese Sandwich Carrot sticks	Potato Veg Balls Fresh Fruit	Banana Loaf Cucumber Sticks	Samosas & Fresh Fruit
<b>LUNCH: SOUP</b>				Tomato Soup	
<b>MAINS</b>	Macaroni in Salsa Sauce	Chicken Pilau	Mild Beef Curry	Mediterranean Chicken	Spaghetti Bolognese GF Rice Noodles
<b>VEGGIE</b>	Macaroni in Pesto Sauce	Vegetable Pilau	Chana Daal Curry	Baked Veggie Nuggets	Veg Bolognese Marinara Sauce
<b>SIDES</b>	Lettuce Potato salad Coleslaw Tomato Boiled Egg Cucumber	Yoghurt Sauce Kachumbari Peas & Corn Crunchy Fresh Vegetables	Chapatti Veggie Wraps (GF & Vegan) Seasonal Vegetables	Wedge Potatoes Crunchy Fresh Vegetables	Grated Cheese Fresh Seasonal Vegetables
<b>DESSERT MAIN SCHOOL</b>	Fruit Salad Custard	Apple & Pineapple Flan	Strawberry Yoghurt Fruit	Fresh Fruit Platter	Cake Custard
<b>DESSERT PEY</b>	Fruit Salad	Apple & Pineapple Flan	Natural Yoghurt & Honey	Fresh Fruit Platter	Apple Fruit Slices

**SALAD BAR** - an assortment of salads is served every day.  
Lettuce, Tomato, Cucumber, Coleslaw, Carrot Sticks, Beetroot, Grated Cheese, Grated Carrots, Two Beans Salad, Pasta Salad, Egg Salad, Roast Chicken, Roast Beef, Avocado

**DRESSINGS** - Honey Vinaigrette, Cocktail Sauce, Mayonnaise

Menu subject to change. All meats are Halal

# NOTICE BOARD

WILDLIFE DIRECT PRESENTED BY PAULA KAHUMBU

ANNUAL CONSERVATION & CULTURE GATHERING

## Wild Roots Festival

A community-centred, art and science gathering in the wild — celebrating wildlife conservation, African cultural heritage, and the next generation of stewards.

**WHAT IT IS**

• Family-centred conservation gathering	• Inter-generational & cross-cultural
• Educational without classroom-based	• Joyful & sober — values-aligned
• Co-created, not consumed	• Celebration of African Heritage

**SCHEDULE AT A GLANCE**

**DAY 1** Arrivals · Orientation · BBQ · Campfire Stories & Songs

**DAY 2** Conference · Workshops · Evening Music & Film Screenings

**DAY 3** Conference · Activities · Evening Awards & Music

**DAY 4** Closing Keynote · Networking · Departures

**PROGRAMMING THREADS**

Land & Sky · Citizen Science · Art & Expression  
 Music & Rhythm · Film & Theatre · Youth Skills & Futures  
 Wellness & Belonging · African Media Awards

**SPONSORSHIP OPPORTUNITIES**

<b>FOUNDING PARTNER</b> Ksh 5M —800k USD	<b>PLATINUM SUPPORTER</b> Ksh 3M —375k USD	<b>GOLD SUPPORTER</b> Ksh 1.5M —187.5k USD	<b>SILVER SUPPORTER</b> Ksh 500k —62.5k USD
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Benefits include on-site branding, website & social media presence, session recognition, merchandise, and VIP / Premiere Festival access depending on tier.

**OUR PARTNERS**  
 Wildlife Direct | Jogi Wildlife Conservancy | Travelling Telescope | The Elephant Queen

CONSERVATION AS CULTURE + ROOTED IN PLACE + CHILDREN & LAND FIRST + LEARNING BEFORE SPECTACLE + AFRICAN EXCELLENCE

Join Us! — Partners & contributors welcome  
 Seeking aligned sponsors, facilitators & community members

Paula@wildlifedirect.org WILDLIFEDIRECT.ORG

DANCE CENTRE KENYA PRESENTS

# WEST SIDE STORY

Directed by Cooper Rust & May Ombara  
 Featuring: The Dance Centre Kenya Orchestra led by Levi Wataka

**Performance Dates & Times**  
 Kenya National Theatre  
 Fri, June 12, 2026, 7:00 PM  
 Sat, June 13, 2026, 3:00 PM  
 Sun, June 14, 2026, 1:00 PM & 4:30 PM

**Gala Performance**  
 Kenya National Theatre  
 Sat, June 13, 2026  
 6:00 PM Cocktail & Hors D'oeuvres  
 7:00 PM Show

**Tickets**  
 Early Bird (Until Sun, 31st May, 2026)  
 Adult: KES 2,000  
 Child: KES 1,700  
 Group of 10: KES 15,000

**Gala Tickets**  
 Early Bird (Until Sun, 31st May, 2026)  
 Gala: KES 2,500  
 Gala Group of 10: KES 20,000

**Standard (From Mon, 1st June, 2026)**  
 Adult: KES 2,500  
 Child: KES 2,200  
 Group of 10: KES 20,000

**Standard (From Mon, 1st June, 2026)**  
 Gala: KES 3,000  
 Gala Group of 10: KES 25,000

For More Information Contact  
 0796 370 937  
 0705 382 203  
 info@dancecentrekenya.com

Bridge

https://kenyabuzz.com/events/event/west-side-story

KIDS GYMNASTICS PRESENTS

# ACRO-GYMNASTICS SCHOOL/CLUB COMPETITION

Showcase. Challenge. Celebrate.  
 Building Confidence, Strength & Teamwork.

**DATE**  
 20<sup>TH</sup> JUNE 2026 (SATURDAY)

**TIME**  
 10:00 A.M. – 1:00 P.M.

**VENUE**  
 ULINZI SPORTS COMPLEX INDOOR ARENA

**REGISTRATION FEE**  
 Ksh 2,000 PER GYMNAST

**SPECTATOR ENTRY**  
 ADULTS: KSH 750  
 CHILDREN: KSH 500

**IMPORTANT DATES**  
 • Registration Deadline: 10th June 2026  
 • Payment Deadline: 15th June 2026

**PAYMENT METHOD**  
 M-PESA PAYBILL: 4083167  
 ACCOUNT NAME: Kids Gymnastics

**FOR INQUIRIES**  
 0723 390 722  
 0734 311 311  
 kidsgym2010@gmail.com

Building Healthy Kids