



Celebrating 60 Years

Spirit of The Banda

Friday 8th May 2026

A WORD FROM THE HEADMASTER

Wednesday's netball and rugby matches against Pembroke were a real highlight of the week, with numerous closely fought contests between girls and boys, at both Under 13 and Under 11 level, punctuated by plenty of good sportsmanship. We were also blessed with wonderful warm, sunny weather and our pitches all looked in fine fettle following the recent rains. It was great to see so many parents from both schools on the sidelines.

As I write this, our cross-country runners are on the road to Turi to take part in tomorrow's IAPS championships and we wish them all the best of luck in their races.

Following our inaugural Coffee by the Car Park event last week, we'll be hosting the second one this coming Wednesday at the Wall from 7.30am. Parents from all year groups are very welcome to come along.

And finally.... A big thank you to the PTA and Quizmaster Brad for a very enjoyable quiz night yesterday. You will doubtless be reassured to hear, should you need to, that your children's education is in safe hands, with the staff team romping home to victory!

James Moss-Gibbons



See Jan Week 4 events overleaf

Follow us on:     

NOTICE BOARD

Coffee at the Carpark

WEDNESDAY 13th MAY

@The Wall

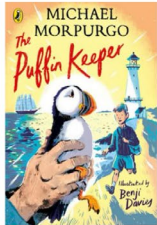


Coming Soon!

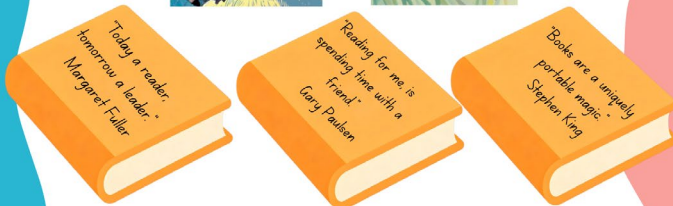
BOOK BOX
BOOK CLUB

Open to all children in Years 5-8

Year 5/6
text:
The Puffin Keeper
by
Michael
Morpurgo



Year 7/8
text:
Tarka the Otter
by
Henry
Williamson



Read your book before or during Half-Term and join us afterwards, for exciting discussions and activities, around these wonderful stories.

If you are struggling to access a copy of the text you need, please email us: bookbox@bandaschool.com



A Delightful New Children's book that leaps from the page onto the stage.

Ila's Adventures

Based on "Ila's Adventures" written by Keya Punja
Choreographed by Juliet Duckworth

* Location
Banda Hall

* Tickets:
KSH 1000

* Mpesa
Paybill: 4060979

Ac/No: Ila's Adventures

* 13th May
2:30-3:15pm



Call: 0790499377

Email: dance@academyonline.me

We would like to invite pupils and parents/guardians from Nursery 2 to Year 2 to this performance. Please complete the form if you would like to take your child/children:

[Origins Dance Performance](#)

An Invitation to...



Secondary Schools Exhibition Fair Hosted at The Banda's U13 & U11 Netball Tournament

SATURDAY 13th JUNE 2026 | 9AM - 2PM



EXHIBITING
SECONDARY
SCHOOLS

10 UNITED
KINGDOM
SCHOOLS

6 BRITISH
CURRICULUM
SCHOOLS-KENYA

1 SOUTH
AFRICAN
SCHOOL

EXHIBITORS



BROOKHOUSE
SCHOOLS
NAIROBI, KENYA



MILLFIELD



The Banda School House Wildlife Photography Competition 2026

This competition is to encourage all children from Years 1 to Year 8 to go outside and try to capture some of the wonderful nature that surrounds us here in beautiful Kenya. Any camera is fine, even a phone is able to take impressive photos and remember you do not have to go into the parks to find nature, there is plenty to photograph in your garden! Wildlife photography includes animals (not forgetting the little invertebrates), plants, fungi and landscapes (but no pets please, only wild animals). The photograph needs to have been taken recently or from now on; no old photographs please.

When you find something to photograph, take many photos and try out different angles and lighting. Once you have taken many photos, choose your best ones and send them to k.sweetnam@bandaschool.com with your name and house. This year each child is only allowed to submit a MAXIMUM OF 6 PHOTOS. Every photo emailed in scores a point for your house. There are also extra points if your photo has a sustainability theme.

The photos will then be judged and there will be a winning photograph from each year group and an overall winner for Lower School and Upper School.

For inspiration, here are some winning photos from previous competitions!



Word OF THE Week

Zenith

The highest point or peak of something.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

**Stop asking
"How was your day?"**

**Do you ever wait
until the last minute
to finish something?**



wellbeing WALL

Pegasus Prefects visit the Early Years garden weekly where they play with the Reception children. This is an opportunity for the Year 8 children to develop leadership skills, and a sense of responsibility for some of the younger members of The Banda Community. It is also a chance for the Reception children to build confidence and have even more fun than usual!



Look at our latest harvest of veg grown using our Banda compost in the Planet Warriors garden! There have also been lots of carrots (but the children can't resist eating these!)



We would like to acknowledge our fabulous medical team - Sister Tania, Diploma in Adult Nursing & KRN and Sister Agnes, Diploma in General Nursing and Midwifery, KRN, KRM & EPALS. Every day they use their experience and knowledge to help our children - we are so grateful for their patience and their expertise!



INTERNATIONAL PONY CLUBS SHOW

Three of our equestrians have returned from the International Pony Clubs Show in Lusaka, Zambia. Representing the Pony Clubs of Kenya at the three-day international event alongside teams from South Africa and Zambia, the children also faced the added challenge of riding unfamiliar horses and ponies kindly provided by their Zambian hosts. Throughout the competition, they showed tremendous determination, excellent horsemanship, and calm, composed riding, earning places in every class they entered.

In the U15 Team Show Jumping event, the Kenyan team, which included George, Constantine, and Mariella, secured an impressive 2nd place finish. Individually, Mariella and Constantine placed 1st and 3rd respectively in the U15 Show Jumping competition. In the Preliminary Show Jumping category, George came 5th and Constantine 7th, while George also achieved 5th place in the Runner and Rider Combination event. We are incredibly proud of all three riders and their outstanding achievements.



WARM-UP CROSS COUNTRY AT KENTON

On Thursday last week, our runners competed in the Kenton Warm-Up cross-country meet. This event serves as a fantastic season-opener, offering the team a valuable opportunity to gauge their fitness in a relaxed and enjoyable environment. Under favourable weather conditions, our athletes delivered impressive performances across all categories. We secured the top spot in three of the six categories, with the U9 Girls, U9 Boys, and U11 Boys all finishing first. Additionally, our U11 Girls and U13 Boys earned second-place finishes in their respective categories, ultimately propelling the school to second place in the overall team standings. Beyond these team rankings, there were several exceptional individual displays and podium finishes. Every runner showed great determination, setting a strong competitive tone for the season ahead. The focus now shifts to the IAPS Cross Country Championship taking place this weekend at St. Andrew's Turi. Best of luck to the 33 runners representing The Banda!



CONGRATULATIONS


Last weekend, three of our children, Freddie in Year 3, Max and Mariella in Year 7 took part and won in their respective categories in the Round 2 of the Kenya National Motorbike Enduro. Freddie won yet again by a whole full lap in the JC1 category, Mariella beat all the boys and won in the JC2 category and Max won in the JC3 category! Huge congratulations to all of you!




HILLCREST INTER-SCHOOLS HORSE SHOW

Hillcrest School is very pleased to be able to invite you to participate in their annual Inter-Schools Horse Show featuring a horse jumping contest and riding exhibition. This event will take place on Sunday 14th June 2026 at Hillcrest Secondary School. Should your child be interested in competing, please email Claire Viljoen on c.viljoen@bandaschool.com indicating your child's name, pony name and the class. [Find the schedule here.](#)

Hillcrest International Schools



INTERSCHOOLS HORSE SHOW



HORSE JUMPING CONTEST AND RIDING EXHIBITION.

8am - 4pm
Sunday June 14, 2026
Hillcrest Secondary School



YEAR 8

Our Year 8 pupils have successfully completed the bases and supports for their custom night lights! This week, they put their Science knowledge into practice by diving into the world of electronics. The atmosphere in the workshop was truly electric as students began soldering their circuits with impressive precision and focus.



YEAR 7

It has been a hands-on week for Year 7 in Design and Technology. The children mastered the pillar drill, prioritising workshop safety while developing the precision needed for marking and measuring wood - a vital skill that is often trickier than it looks. After accurately cutting their components, they began the assembly process using PVA glue and clamps. We are also seeing some fantastic progress as students start to cut and shape the front panels of their passive amplifiers. Well done to all of Year 7 for their focus and hard work.



YEAR 6

Year 6 were lucky enough to receive a presentation from a visiting author on Thursday morning. Walid Amri was recently awarded the Ahmed Baba prize for best African Novel of 2024. He spoke to the children about his passion for literature and books, as well as why he was inspired to write. He encouraged the pupils to explore their own creative interests and shared guidance on how they could do this. Year 6 are extremely grateful that Walid was able to take the time to speak to them.



YEAR 5

Year 5 have been preparing for their upcoming English assessment by practising their descriptive writing, using literary devices and sensory language. Here is Ashleigh Eddy's beautiful description of an image of wolves in a snowy forest.

Tuesday 5th May 2026
Descriptive writing

The pack of hungry wolves trotted boldly through the crunchy crisp snow. Crickets chirped ear piercingly loud as the wind blew aggressively. The wolf's eyes opened sharply revealing the strong red pupils. Their teeth were as sharp as a cutting knife, they could rip you apart with a blink of an eye. Suddenly they stopped. Leaves crunched behind them. Was an innocent elk about to get devoured? Their scruffy coats blew left and right, like a lost scarecrow in the wind.



Word OF THE Week

JUNIOR

Authentic
Real or genuine.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

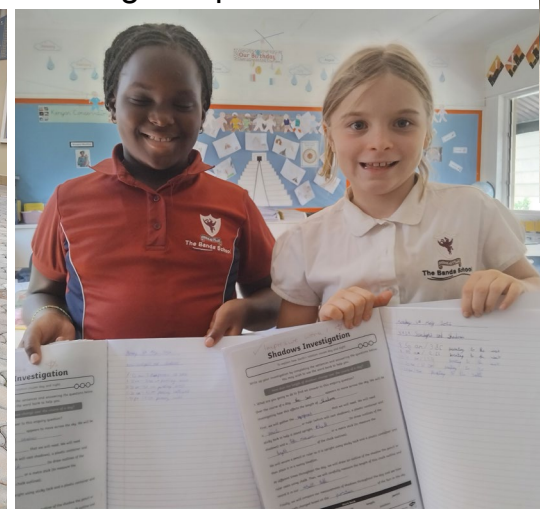
YEAR 4

The young scientists of 4DM recently stepped out of the classroom and into the light for a hands-on investigation into the relationship between the Earth and the Sun. Armed with chalk, measuring tapes, and a keen sense of curiosity, the students conducted a comprehensive Shadow and Sun Experiment.

The Investigation - To understand how the Sun's position in the sky changes throughout the day, they tracked the movement of a fixed object's shadow. At regular intervals—from the early morning rays to the late afternoon glow—the students meticulously recorded two key variables:

- The Time of Day: Marking the exact moment of each measurement.
- Shadow Length: Measuring the distance from the base of the object to the tip of its shadow.

Discoveries in Motion - As the data piled up, the students began to see a clear pattern emerge. They observed first-hand how shadows are longest when the Sun is low on the horizon and shortest during the “solar noon” when the Sun reaches its highest point.



YEAR 3

We are what we eat! In Science, Year 3 classified plant foods into roots, shoots, leaves, flowers, fruits and seeds.



YEAR 3

We had fun learning about Indian culture. The best part was when we got out of our seats and did some moves from the dance known as 'Bhangra'. This used to be a dance for farmers to celebrate the harvest but is now used at special occasions such as weddings and parties. It was lots of fun!



YEAR 2

In our Art lesson, we learnt about the Artist Pablo Picasso and created imaginative faces using the artist's cubism style of using bold colours and patterns.



YEAR 2

In Science, Year 2 using teamwork and problem solving skills worked in groups to make a bridge that could support a load using different materials. They then went on to create different fractions while learning about unit and non - unit fractions in Numeracy.



YEAR 1

Year 1 classified various materials as either waterproof or absorbent during our Science investigation. They then built their foundational skills by exploring how to share quantities into equal groups. In Religious Studies, we explored the Torah and crafted handmade versions using paper and straws.



Pegasus Word of the Week

happy



PEGASUS EARLY YEARS CELEBRATES SIR DAVID ATTENBOROUGH'S 100TH BIRTHDAY

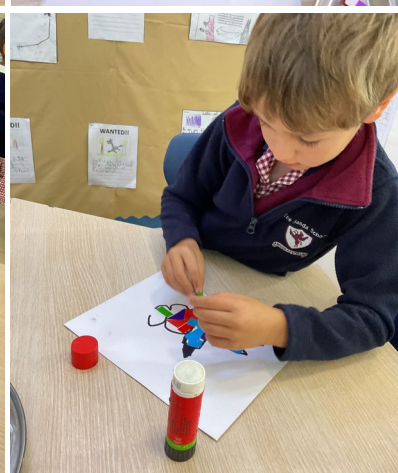
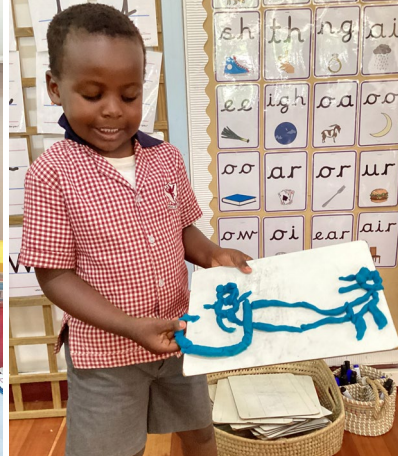




RECEPTION

In Reception, we have been on it with simple additions. From story sentences to using classroom resources and finally using the interactive screen applying our addition concept. Our finger gym using play dough was fun too! We were also inspired by artist Paul Klee's artwork and produced some real masterpieces!





NURSERY 2

This week we enjoyed learning about the life cycle of dinosaurs. Dinosaurs are believed to have been oviparous, we coloured a dinosaur baby, and we used paint stamps to decorate our eggs and did some very careful cutting and sticking to finish off our masterpieces!



NURSERY 1

We explored the exciting world of air transport through imaginative role play and creative painting activities, bringing this mode of transport to life with enthusiasm and curiosity.



RISING STARS

Happy 100yrs Sir David Attenborough. The Rising Stars celebrate you.





Did You Know?

Did you know our eggs are free range and organic?

Each week, we use approximately 250 eggs across the school!

Recipe to Try at Home

Cheese Crackers

Key Ingredients

- 80 g grated cheddar cheese
- 800 g Baking flour
- 80 gm Butter
- 150 ml milk

Method

1. Mix flour, cheese, and butter
2. Knead and add milk to the right consistency
3. Rest a little, roll out and cut into desired shapes
4. Bake, cool and serve!

A NUGGET

This week we have worked with the student council and form takers for younger year groups to get feedback on their favourite school meals and snacks, something they would add to the menu and something they would takeaway!

WEEK 4	MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING BREAK		Cucumber Sandwiches Fresh Fruit	Cheese Straws Carrot Sticks	Lemon Cake Fresh Fruit	Banana Scones Cucumber Sticks	Focaccia Fresh Fruit
LUNCH:	SOUP			Carrot Soup		
	MAINS	Beef Goulash	Chicken sautéed in Onions & Peppers Tortilla Wraps	Jacket Potatoes with a variety of toppings	Mince Pasta Bake	Roast Herbed Chicken Gravy
	VEGGIE	Yellow Bean Goulash	Falafel Tortilla Wraps GF Wraps	Jacket Potatoes with a variety of vegetarian toppings	Vegetable Bake	Garlic Pepper Paneer GF & Vegan Patties
	SIDES	Steamed Rice Sautéed Spinach Ugali	Salsa Sauce Guacamole	Toppings: Cheese Eggs, Sweet Corn Baked Beans Tomato, Lettuce Coleslaw, Cucumber	Crunchy Seasonal Veggies Assorted Salads	Lyonnais Potatoes Fresh Seasonal Veggies
	DESSERT MAIN SCHOOL	Fresh Fruit Platter	Vanilla Yoghurt	Honey Hedgehogs Fresh Fruit	Fruit Salad	Fresh Fruit Platter
	DESSERT PEY	Fresh Fruit Platter	Natural Yoghurt	Fresh Fruit	Fruit Salad	Fresh Fruit Platter

SALAD BAR - an assortment of salads is served everyday

Lettuce, Tomato, Cucumber, Coleslaw, Carrot Sticks, Beetroot, Cheeses, Pasta Salad, Egg Salad, Roast Chicken, Roast Beef, Avocado (among others)

DRESSINGS - Honey Vinaigrette, Cocktail Sauce, Mayonnaise

Menu subject to change. All meats are Halal

NOTICE BOARD

EXPLORE AND EXPRESS
YOUR CREATIVE SELF
CHILDREN!



LEARN



GROW



DEVELOP



SKILLS



CHILDRENS ART CLASSES



ENJOY



LIVE



From 3rd May - 24th May.
Every Sunday from 11:30-12:30 am.

Four classes : Ksh 12,000
Drop in : Ksh 3,500 (Upon availability.)
Materials included.

EXPLORE & EXPRESS



www.exploreandexpressyou.com



LOVE



CREATE



APPRECIATE

Register at exploreandexpressyou@gmail.com, Tel: +254 728874152
Spinners Web, 1-3A Kitusuru Road, Nairobi.

NAIROBI Litfest
a festival of ideas

8 - 10 MAY 2026

AT
**McMILLAN MEMORIAL LIBRARY
EASTLANDS LIBRARY
KALOLENI LIBRARY**
NAIROBI, KENYA.

Save the dates!

NAIROBILITFEST.COM

book
bunk.

Hay
Festival
Global

13th Edition
The Butterfly Trust Concert

Save the Date: 26th September 2026
Time: 2.30PM - 4.30PM
Venue: Kenton College Hall

The Butterfly Trust

AUDITIONS ON:
SAT, 27TH JUNE 2026
2.30PM - 4.30PM
KENTON COLLEGE HALL

REGISTRATION DEADLINE: 29TH MAY 2026

Info & Details, Contact:
butterflytrustkenya@gmail.com

Have a lovely weekend!