



Celebrating 60 Years

Spirit of The Banda

Friday 13th March 2026

A WORD FROM THE HEADMASTER

Staff, parents and alumni gathered last Saturday for The Banda Ball to celebrate 60 years of the school. It was a brilliant event - huge thanks to Sian Mousley and her team for bringing it all together. We are delighted that we managed to raise the very impressive total of Ksh 1,008,000 through our raffle. This money will be donated towards Friends of Dagoretti Children, the Kenya Red Cross and the Banda Book Box appeal. We will be in touch with further information with regards to how the funds will be spent.

Last weekend also saw great success on the hockey pitch with our Under 11 girls winning their IAPS tournament and the Under 13s getting to the semi-finals. It's the boys' turn this weekend and we wish them the best of luck as they travel to Peponi.

The pupils have gone to great lengths in their class groups to celebrate our 60th anniversary with a wide variety of fantastic initiatives that we were able to celebrate in assembly this morning.

As you'll see from the photographs below, it's been a busy week around the school, from Science Week and swimming demonstrations to a Year 4 World War Two Day. In short, another week that shows the huge range of both activities and learning opportunities on offer to all of our pupils here, as we celebrate how far the school's come in six decades and also look to what the future holds.

News of Year 8 scholarship success from Hillcrest has arrived, with the following to be congratulated on gaining awards: Harley (Art), Honey (Drama), Nyssa (Sport), Tristan (Sport), Lia (All-Rounder - Art and Sport), Andrea (All-ROunder - Art and Sport) and Ernest (All-Rounder - Drama and Sport).

And finally.... Good luck and safe travels to our Year 7 and 8 hockey players who depart for their tour of Cape Town early on Monday morning.

James Moss-Gibbons



See Jan Week 11 events on page 3

Follow us on:     

6 The Banda School Commemorating 60 Years

BANDA 60 RAFFLE WINNERS

 **Springet Mara Camp**
2 nights for 2 people
(Nigel Archer & Carys Ashley)
WINNER: Charlotte Pape


 **Cliff Top Cottage**
2 nights for a family of 4
(Sian Mousley)
WINNER: Michelle Moss-Gibbons


 **Airtel**
2 x Pocket MIFis
(Anne Otieno)
WINNERS: Bhavnish Chandaria
& Simon de la Ray


 **Elsa's Kopje, Meru**
2 nights for 2 people
(The Elewana Collection)
WINNER: Devlin D'Souza


 **Serenity Spa, Karen**
4 x 1 hr Massage vouchers
(Petra Somen)
WINNERS: Charlotte Pape, Christine Nyakerario,
Lauren Lado & Karijn de Bok

 **Johnny Limb Golf**
3 x 1 hr Lessons
(Golf lessons for a child)
WINNERS: Jon Blythe-Wood,
John Rogers & Shaleen Keshavjee


 **The Retreat (Giraffe Manor)**
Wellness Package for 2
(Tanya Carr-Hartley)
WINNER: Salim Amin

 **Kenchic**
6 x Whole Chicken Vouchers
(3-4kg whole chicken vouchers)
WINNERS: Jon Blythe-Wood, Kali Bell, Bridget Deacon
Sammy Ndolo, Nicola Jensen & David Hutchison

 **The Wine Box**
1 x Wine Hamper
WINNER: Charlotte D'Olier


 **The Emakoko**
1 night for 2 people
(Anthony & Emma Childs)
WINNER: Gina Payne

 **Jani Cosmetics**
5 x Cosmetics Hampers
(Jonathan Somen)
WINNERS: Sam Foster, Rainbow Field, Rachel Brooke
Kali Bell & Fiona Scott

 **KENYA: Through My Father's Eyes**
1 x Exclusive Coffee Table Book
(Salim Amin)
WINNER: Maureen Mathenge

 **Lentorre Lodge**
2 nights for 2 people
(Raaji Bharij)
WINNER: Jessie Bunde

 **Safaricom**
10 x Kes 3,000 Airtime Vouchers
(Zeddy Birech)
WINNERS: Angela Nyamu, Kirsty McDonald, Belinda Law,
Sharon Cheronon, Amanda De Wet, Rashnik Ghalay,
Sally Ombewa, Peter Walsh, Laura Kilburn & Ali Francombe


 **BMC**
1 x Specialty Bottle of Whiskey
(Pierre Viljoen)
WINNER: Sachin Dave

 **Giant Pads - Photo by Mo Amin**
Framed 'Giant Pads' Photo
(Salim Amin)
WINNER: Kennedy Kalonzo


 **Matteo's at The Stables**
5 x Kes. 5,000 Vouchers
(Francesco & Tina)
WINNERS: Marisa Connolly, Catherine Wiesner,
Nekesa Morey-Hess, Jolyon Mills & Willy Ireri


 **Andre De Wet**
Framed Rhino Photograph
(SORAI Rhino Day Award Winner)
WINNER: Eric Jones


 **Ol Losowan House**
2 nights for two, B&B
(Julie Church)
WINNER: Marian Lawrence

 **Timothy Kaberia**
1 x Drum Lesson
(Drum lesson for a child)
WINNER: Nicola Jensen

 **Padel Plus Sports**
1 hr Slots
(1 hour access to courts)
WINNER: Colm D'Olier

 **The Talisman Restaurant**
Dinner for 4
(Stuart & Claudine)
WINNER: Rachel Rosen


 **DOJO**
1.5hr Padel Session for 4
(Stuart & Claudine)
WINNER: Oriane Abbonizio

 **Utamaduni**
2 x Kes 5,000 Spend Voucher
(Sue Larsen)
WINNERS: Heather Boustead &
Linzi Kennaway


 **The Residences at Karen**
2 Nights for 2, B&B
(Lee Kimani & Jared Omogi)
WINNER: Beatrice Orgut

 **The Jungle Body**
Jungle Body Workout
1 voucher for 1 Adult
(Skye Markham)
WINNER: Gray Cullen

 **The Courtyard Kitchen**
1 x Kes 5,000 Lunch Voucher
(Sue Larsen)
WINNER: Bernadette Douglas

 **Amanda De Wet**
1 x Framed Leopard Painting
(3 in 1)
WINNER: Jane Nyoike

 **cubz**
Cubz Dance
1 voucher for a PEY Child
(Skye Markham)
WINNER: Kirsty McDonald

 **Offroad Adventures EA**
4 Motocross Lessons for 1 child
(Mikhail Berman)
WINNER: Lizzie Llewellyn

 **Ocean Sports, Watamu**
1 x Sunday Lunch Buffet
& bottle of Wine
WINNER: Brad Elliott

 **ROAR**
ROAR Dance
1 voucher for 1 Child
(Skye Markham)
WINNER: Karen Fraser

 **The Giraffe Centre**
1 x Visit Voucher
(AFEW)
WINNER: Jessie & Jamie Excell

SECONDARY SCHOOL VISITS



KINGSWOOD COLLEGE

Discover *Kingswood College*

Your child's invitation to experience
Kingswood College first-hand.

30 - 31 March 2026

Designed for prospective
2027 & 2028 Grade 8 pupils

Kingswood College is more than just a school, it's a community where children grow in confidence, character, and leadership. It is a feeling of home, mentorship and inspiration that is best experienced first-hand.

We invite your child to join us for the **Discover Kingswood Experience**, a unique 2-day programme designed for prospective 2027 & 2028 Grade 8 pupils.

From classrooms to sports fields, boarding houses to chapel - they will experience life as a Kingswood pupil and discover what makes our school truly special.

**Kingswood College
Makhanda (Grahamstown)
Eastern Cape
South Africa**



Scan the QR code for more information or to book a place for your child.

For assistance, contact the Kingswood Admissions Office at admissions@kingswoodcollege.com or WhatsApp on +27 81 818 4644



Word OF THE Week

Corroborate

To confirm something with evidence.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

**Stop asking
"How was your day?"**

**When was it hard to
follow the rules today?**



U11 GIRLS HOCKEY TOURNAMENT REPORT

The Banda U11A girls arrived at the Kenton IAPS Hockey Tournament with high expectations — and for good reason. Having already won the U11 IAPS football and cricket tournaments earlier this year, this talented group of ten girls had their sights firmly set on completing an extraordinary sporting hat-trick. What followed was a display of determination, teamwork and exceptional hockey.

The team entered the tournament unbeaten this season, and from the very first whistle it was clear they intended to maintain that record. In the pool stages they played with composure and confidence, winning two matches and drawing two, finishing top of their pool. Every player contributed — defending bravely, passing intelligently and supporting each other tirelessly across the pitch.

Their reward was a semi-final clash against BGR. Rising to the occasion, the girls produced one of their most disciplined performances of the day, controlling the game and securing a well-deserved 2–0 victory to book their place in the final.

The final saw The Banda face Hillcrest for the second time that day. With the title on the line, the team delivered their best hockey of the tournament. They played with courage, creativity and incredible teamwork, moving the ball with confidence and defending with determination. The result was a brilliant 2–0 win, sealing the championship in style.

This victory means The Banda U11A girls have now won the U11 IAPS Hockey title for the fourth time in the last five years — a remarkable achievement that speaks to the strength of our hockey programme and the spirit of the players.

A special mention goes to Captain Vivi, who was voted Player of the Tournament in recognition of her outstanding performances throughout the day.

Most importantly, this success was built on teamwork, resilience and joy for the game. Every one of the ten girls played their part, supporting each other, working hard for one another and representing The Banda with pride.

As their coach, I could not be prouder. This group embodies everything school sport should be about — commitment, sportsmanship, friendship and the courage to believe in what you can achieve together.

An unforgettable day and a truly special team.

Mrs Abbonizio



CONGRATULATIONS!

Stanislaw in Year 4 took part in two sporting events last weekend. The Nairobi Taekwondo Association Tournament where he won a Gold Medal in the Under 9 lightweight category and the US Junior Golf Nairobi Tournament at Windsor Golf Club where he finished in a very respectable 5th place in a competitive field. Well done Stasiu!

In Chess, Aaliyah in Year 3, competed in the Kisumu Open and Junior Chess Championships last weekend. She won in the Junior Girls category that had girls between the ages of 8 and 14 years old as the only girl with a perfect score of 6/6. We are very proud of her.

This weekend, Stanislaw, Aaliyah, Christian Lekishon and Mali Mistri will be competing in various chess tournaments. We wish them great success!!



FILM SCREENING 'STAND TOGETHER AS ONE'

We were very privileged to be able to host a screening of the extremely impressive and moving film 'Stand Together as One' on Wednesday this week. We are so grateful to Salim Amin and his team for putting together an amazing exhibition of photographs from the collection of Mohammed Amin.

Thank you so much to everyone who came to support this event, and we are pleased to announce that we raised a total of KES. 27,000 for the Angel of Hope charity.



SOUTH AFRICA TOUR CHARITY

The Hockey tourists travelling to South Africa have been busy in the lead up to their tour raising money for 2 charities. The first here at home, The Thunder Foundation. This wonderful charity provides educational support for children in Kibera unable to fund their schooling. The second charity is the Langa community who the tourists will visit and play against on tour in Cape Town. Part of the money raised went towards bracelets made by the Thunder Foundation to give to our opposing teams with the Kenya and South African flag on them. The pupils raised an amazing 200,000 KSH in a number of creative ways from fitness challenges, washing cars, selling their art work, baking cakes and even film screenings. Well done hockey players and good luck next week on tour!



KENYA IAPS RUGBY TOUR TO THE UK

Four of our Year 8 boys, Tristan, Henry, Valentine, and Michael were selected to join the Kenya U13 IAPS Rugby Team and will be touring the UK on the 22nd of March. Representing Kenya IAPS Schools on an international tour is a wonderful opportunity, and we are incredibly proud of the four as they travel to the UK and represent both Kenya and The Banda School.



WELLBEING MATTERS

Our new “Cuppa and a Chat with Mrs Abbz” wellbeing initiative continues to gather wonderful momentum, with an encouraging number of pupils choosing to spend their Wednesday break times at the wellbeing bench talking about what matters to them.

This week, eight Year 6 boys came along to join the conversation. Together we explored questions such as “What helps your wellbeing?” and “What wellbeing challenges do you sometimes experience?” It was a thoughtful and honest discussion, with many of the boys sharing positive stories about the things that help them switch off and feel happy — with fishing emerging as a surprisingly popular wellbeing activity!

Creating space for these informal conversations helps pupils feel heard and reminds them that there are always adults in school ready to listen.

Of course, the promise of hot chocolate may also have had something to do with such a strong turnout... but whatever the reason, it's been wonderful to see pupils so willing to stop, chat and reflect on their wellbeing.



EASTER THEMED BANDA BAKING COMPETITION

Our Easter Themed Banda Baking Competition will be held on Monday 23rd March. This gives your children the weekend to create and bake their entries. The competition is open to children from Reception to Year 8.

We have 4 categories:

- 1 - Decorated Easter Cupcakes or Biscuits
- 2 - Easter Show Stopping Cakes
- 3 - Festive Savory Breads or Rolls
- 4 - Hot Cross Buns

We have a new guest chef this year, Rosemary Ligondo, Kenya's first ever winner of The Great Kenya Bake Off.

Please LABEL all entries with your child's full NAME, HOUSE and category (1 2 3 or 4)

Judging will take place during the morning, alongside opportunities for the classes to come and see the entries.

Should your child want to take their creations home, please collect them at pick up before 3.30pm. The remaining entries will be donated to either a fundraising bake sale, or to the incredible team behind the scenes at The Banda.

Please label ALL trays, storage containers or boxes, if you want them returned.

The Competition will be held in the memorial garden. Please bring the entries to the tents by the hall.

Please contact Alix on a.daykin@bandaschool.com if you have any questions.





EASTER

BAKING COMPETITION

CAKES | BISCUITS | BUNS | BREADS/ROLLS

Get creative with your children over the weekend of 21/22nd March and bring your entries in on Monday 23rd March for our annual baking competition



EASTER

BAKING COMPETITION

CATEGORIES:

1: DECORATED EASTER CUPCAKES/BISCUITS

2: EASTER SHOWSTOPPING CAKES

3: FESTIVE SAVORY BREADS OR ROLLS

4: HOT CROSS BUNS

**LABEL EACH ENTRY WITH YOUR CHILD'S NAME,
CATEGORY, YEARGROUP AND HOUSE.**



NO NUTS



**CONTACT ALIX FOR ANY GUIDANCE
A.DAYKIN@BANDASCHOOL.COM**



YEAR 8

Year 8 have been studying 20th Century Theatre Practitioners in Performing Arts. This week we looked at Augusto Boal's Theatre of the Oppressed. Mcleanna said: 'The drama activity we did in class about the "Theatre of the Oppressed" was a very fun drama exercise because it opened our eyes to a new type of theatre where your goal is to turn spectators into active participants, and rehearse solutions to social problems and in short the "rehearsal for reality" and mainly execute the objectives our characters were given'. I'm proud of the work Year 8 are doing as they gain special insight into the world of Theatre, and collaborate effectively with each other.

Ms K McDonald



For Science Week, 8CR worked together with 4DM to make rainbow jars.



YEAR 5

While our Year 5 historians have officially transitioned to exploring the rich and diverse history of Kenya, we took a brief “interlude” this week to provide a fitting conclusion to last half-term’s work. The pupils took to the field to re-enact the Battle of Hastings, and having spent weeks meticulously crafting their own model shields, the students were able to put their tactical knowledge to the test by forming authentic “shield walls” and maneuvering through the key stages of the battle.





Word OF THE Week

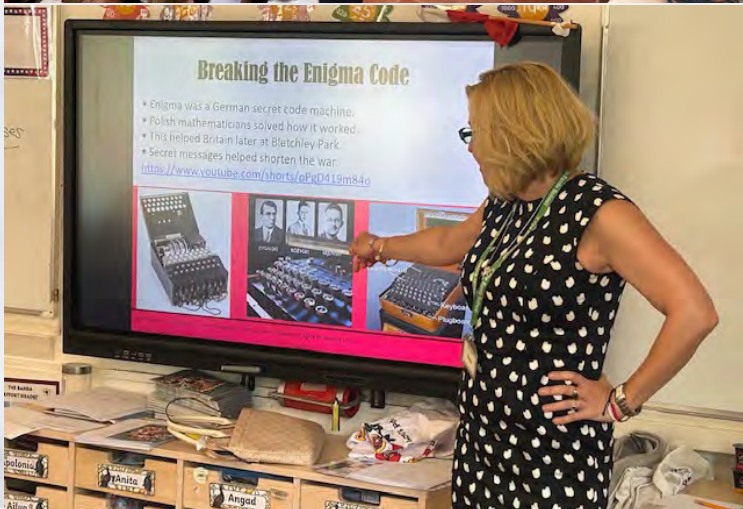
JUNIOR

Bold
Brave or confident.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

LOWER SCHOOL - YEAR 4

Last week, Year 4 had a wonderful opportunity to learn from Agata Szydłowska - Limb who spoke passionately about Polish Bravery in World War 2!



YEAR 4

The Banda was transformed into a living time machine this week as students journeyed back to the 1940s for our World War 2 History Day. Our Year 4s dressed up superbly; from poignant evacuees to inspiring home-front heroes, the attention to detail in their costumes was absolutely incredible.

Beyond the fantastic costumes, the students were put to work with hands-on history activities. They mastered grid coordinates during intense rounds of Battleships, explored the meaning of valour while crafting their own medals, and proved they were true history buffs during our World War 2 Kahoot challenge.

To complement the excitement of the day, we were incredibly fortunate to welcome Rebecca Granato, who shared a deeply moving and personal history. Rebecca gave an outstanding presentation on the harrowing journey of Danish Jews escaping to Sweden. The students were captivated as she described the bravery and desperation of the era from families hiding in the quiet shadows of churches to the tension of being smuggled across the sea in the dark hulls of boats to evade Nazi capture. This powerful first hand account added a profound layer of local and personal context to our studies, reminding us all of the real human stories behind the history books.

Thank you for your incredible support in helping the children dress the part and engage so deeply with this important chapter of our history!





YEAR 3

We have all had a lower school egg drop competition. The children designed a parachute for their egg and we timed which one took the longest to fall and remain intact! Who's worked well and who ended up as Humpty Dumpty!

Thank you to the Science Teachers and Year 8 for teaching the Year 3's to make a rainbow in a jar!



YEAR 3

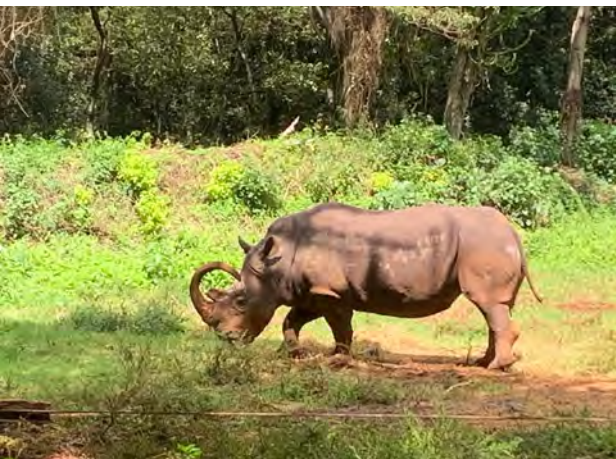
3HF had a great time painting Greek Shields ahead of our Greek Day next Wednesday. We will be using them when we recreate the battles!



YEAR 2 TRIP TO NAIROBI SAFARI WALK

Year 2 had a wonderful time on their trip to the Safari Walk. They worked in pairs to complete a questionnaire as they went around, recording a lot of interesting facts.





YEAR 2

Year 2 had an amazing time in the Science labs for Science Week. They learnt about how the colour in fireworks is made by spraying different liquids into a bunsen burner. They also made some of their own colour patterns using milk, washing up liquid and food colouring.

We also learnt about animals and their young ones, and had Mrs. Radcliffe together with Mr. and Mrs. Foster answer the children's questions about babies and toddlers. They also came with their two children, who represented a toddler and a baby.



YEAR 1 TRIP TO PHOENIX AVIATION





YEAR 1

In Year One this week the children embraced science week and decorated and made parachutes for Humpty Dumpty. They then dropped their eggs from a height to test the parachutes and see which eggs would survive.



Pegasus Word of the Week

slice



RECEPTION SWIMMING SHOWCASE

In recognition of World Wildlife Day and Wangari Mathai Day on 3rd March, Pegasus went wild last week Friday! The children came dressed up and learnt lots of fun facts about medicinal and aromatic plants, planted a herb garden and some vegetable seeds and had 3 special guest speakers. Thank you to Anne Marie, Susie, and Zoe for giving up your time to come and inspire the future generation of Planet Warriors!



PEGASUS EARLY YEARS - RECEPTION

Still on Minibeasts, the Reception children enjoyed modeling them from playdough, creating them with loose parts and using their phonetic knowledge in naming and labelling them. Bravo to all of them!



RECEPTION SWIMMING SHOWCASE



RECEPTION SWIMMING SHOWCASE



NURSERY 2

This week we took a visit to the 'Dentist', as we discussed how we feel about going to see the dentist. The story for the week was Going to the Dentist by Anne Civardi. We learnt how to brush our teeth carefully, what foods are healthy for us, which ones make strong teeth and which ones might give us cavities.



NURSERY 2 SWIMMING SHOWCASE



NURSERY 1

After reading the story of Chicken Licken, the children drew their own little chicks and decorated them with bright, colourful feathers. Their creativity shone as each chick became a unique and cheerful piece of art.



NURSERY 1 SPORTS SHOWCASE



RISING STARS

The Rising Stars enjoying different activities as they play and explore.



WEEK 11 MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING BREAK

Tomato Sandwiches
Fruit

Banana Loaf
Carrot Sticks

Cheese Straws
Fresh Fruit

Honey Oat Bars
Fresh Fruit

Focaccia
Fresh Fruit

LUNCH:

SOUP

Butternut Soup

MAINS

Spaghetti Bolognese

Mexican Style Chicken Strips with Peppers

Beef Pilau

Roast Herbed Chicken

Macaroni Cheese Bake

VEGGIE

Vegetable Bolognese

Black Bean Enchiladas

Veg Pilau

Chickpea Cutlets

Veg Cheese Bake

Vegan Bolognese

SIDES

Grated Cheese Crunchy Broccoli & Cauliflower

Tortilla Wraps
GF Wraps
Guacamole
Salsa
Seasonal Veggies

Kachumbari
Yoghurt Sauce
Sweet Corn & Peas

Gravy
Maxim Potatoes
Crunchy Veggies
Assorted Salads

Carrot & Cucumber Sticks
Lettuce
Tomatoes
Eggs
Sweet Corn

DESSERT MAIN SCHOOL

Fresh Fruit Platter

Yoghurt

Fruit Crumble
Custard

Fruit Salad

Fruit Platter

DESSERT PEY

Fresh Fruit Platter

Yoghurt & Honey

Fruit Crumble

Fruit Salad

Fruit Platter

- 95% of what we serve is cooked on-site by our catering staff
- We cater for varied food preferences in our menu and always have Halal and allergen free options
 - All eggs are free range and organic as well as many of the vegetables

Menu is subject to change

NOTICE BOARD



THE KAREN HOSPITAL



HEART RUN 2026

SAT
14TH
MAR

Time:
FROM 7AM
Venue:
WATERFRONT

Selling points NAIVAS supermarket outlets,

1. Waterfront - Karen
2. Westlands - Waiyaki Way
3. Prestige - Ngong Road
4. Mountain mall - Thika Road
5. Capital center - Mombasa Road
6. Buruburu The Point

WHERE TO BUY :

1. KAREN HOSPITAL AND ALL ITS SATELLITE BRACHES

Lang'ata Road(Main Hospital) | Naivasha Branch
Rongai Branch | Thika Branch | Karatina Branch
Meru Branch | Nakuru Branch | Cardinal Otunga - CBD

2. THE WATERFRONT KAREN

MERCHANDISE PRICES

T-shirts: **Ksh 1,500** Sun Visors: **Ksh 700**
Polo Shirts: **Ksh 2,500** Wristbands: **Ksh 500**
Caps: **Ksh 800**

PURCHASE VIA MPESA: PAYBILL: 577800 ACC: YOUR NAME

FOR MORE INFORMATION CONTACT: 0738 150 092

[f](#) [@](#) [in](#) Heart to Heart Foundation [H2HFoundation](#)



NOTICE BOARD

Here is the link to the [registration form](#).

Special discount code for all the Banda community for 20% off the adult retreat rate: **BANDA20**.

Kanga Wellbeing presents

The Gathering A Rewilding Retreat

A full-day retreat of yoga, nature & nourishment

Saturday 28th March

Sanctuary Farm, Naivasha

With Emma Bonnici,
Founder of Kanga Wellbeing

Full itinerary & bookings now available
Optional supervised children's nature programme

HERE WE GO AGAIN
Mama Mia 2 - The Musical

Back to the island where it all began....
19th, 20th & 21st March 2026 | 19:00
The Catholic University of Eastern Africa Auditorium



www.KENYA**BZZ**.com
Adults 2,500 Children Kes 2,000



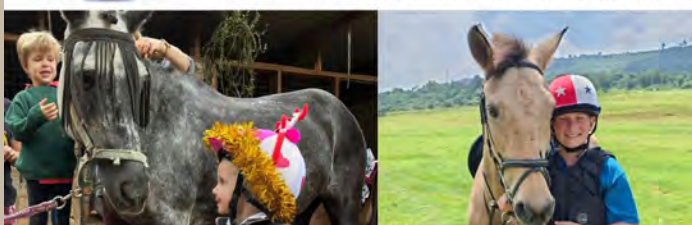
JOIN THE

LANGATA PONY CLUB



The aim of Pony Club is to encourage young people to ride and learn to enjoy all kinds of sport connected with horses and riding. Pony Clubs provide educational programs that teach the fundamentals of riding, horse care, and stable management, fostering a sense of responsibility and teamwork among members

for **MORE INFORMATION**
please contact Anna
0111888427
JOINING FEE 2500
ANNUAL SUBSCRIPTION 6500 (lead rein 5000)



NOTICE BOARD

Decorate an Egg Competition

Open to All including staff.

Decorate an Egg – be imaginative.

Deadline Monday 23rd March 2026

1st, 2nd and 3rd prize winners will be decided from all entries.
There will also be an overall winner in Lower School and an overall
winner in Upper School.

A prize for the winning staff member.

All entries to be delivered to the Art and D&T rooms.



Have a lovely weekend!