



Celebrating 60 Years

Spirit of The Banda

Friday 24th October 2025

A WORD FROM THE HEADMASTER

I often write here about the busy week that has just passed and the wide range of activities that the pupils have been involved in. However, in the busy rhythm of school life, where academic endeavours and co-curricular activities often take centre stage, it's good to pause and reflect on one of the key tenets of our community - and our Value for this half of term - kindness.

This simple yet profound quality isn't just about good manners; it's the invisible thread that nurtures a positive and supportive environment for every child. When pupils consistently choose empathy, compassion and respect, they aren't just making someone else's day better, they're actively developing the emotional intelligence and strength of character required to thrive in the wider world. It's a trait that is a real strength of Banda children but also one that we're placing an increased focus on in the coming weeks.

This Saturday sees the inaugural PTA Car Boot Sale taking place at Kitembe and will, I am sure, be another great occasion where our community comes together.

And finally.... We wish our musicians well as they travel to Turi for the St Andrew's Orchestral Weekend.

James Moss-Gibbons



Head Boy, Head Girl, Prefects and House Captains

Follow us on:



Stop asking
"How was your day?"

What was the best
thing that happened
today, and why was
it special?



The Banda School

Word OF THE Week

Relinquish

Let go of something or give up.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

SECONDARY SCHOOL INFO

"THE SCHOOL OF CHOICE IN DEVON"



Blundell's
FOUNDED 1604



The Head of Blundell's, Mr Bart Wielenga, will be visiting The Banda School on Monday 10th November and will be available to meet parents between 2.00pm – 4.00pm.

He will also be hosting a drinks reception on Wednesday (12th) between 6.00pm and 8.00pm at Zen Garden in Nairobi.

Please contact Lucinda Wright
(l.wright@blundells.org)
to book a time or to find out more about the Thomas Sanders Kenyan Scholarship which offers up to a 30% fee reduction on a full boarding place.

www.blundells.org

THE
GOOD
SCHOOLS
GUIDE

Leading
Independent
Schools
HMC

TATLER
SCHOOLS
GUIDE



DISCOVER MICHAELHOUSE

- A distinctive **all-boarding experience** for boys
- A strong **Christian ethos**
- **IEB Curriculum** — our boys gain access to universities globally
- A wide range of **sports**
- A rich **cultural programme**
- **Convenient airport transport** to Pietermaritzburg and Durban airports

USEFUL COMPARISONS

	GBP	US \$	KSh
MICHAELHOUSE (Board/Tuition)	16 072	21 952	2 842 000
Flight (Nairobi-Durban)	570-855	770 - 1155	100 000 - 150 000
Flight (Nairobi-Heathrow)	570-710	770 - 970	100 000 - 125 000
Average Board/Tuition (Top 10 Uk Public school)	53 340	67 750	9 358 700
Average Board/Tuition (UK Independent school)	35 298	48 000	6 187 250

HOW TO REGISTER

Boys in **Year 7 (before 28 February 2026)** and below are invited to register for possible entry into Michaelhouse via the following options:



- Visit our admissions page on the Michaelhouse website
- Scan the **QR Code**
- Contact **Cathy Maitin-Casalis** at catcas@michaelhouse.org for assistance



BANDA PTA

CAR BOOT SALE

In support
of The
Banda
Book Bus &
Ubuntu
Kenya
Foundation

Pizzas, Shwarmas
and Coffee
Available + FREE
ice lollies for kids
and Bouncy
Castle

OCTOBER 25TH | 10AM-1PM
MAIN SCHOOL CAR PARK

3K TO REGISTER YOUR CAR BOOT
MUST REGISTER IN ADVANCE USING FORM

PLACES ARE LIMITED

[Click To Register](#)



BOOK BUS LOGO COMPETITION

**Open to
all
years!**

Can you design
OUR Logo?

November 7th
**Deadline
For Entry**

EVENT RULES

- You may enter up to three logo designs and one slogan.
- Write your name, form and house clearly on your paper.
- You may design your logo by hand or on the computer.
- Remember, the bus will be painted yellow.
- The logo should be clear and simple.

★ **WINNER** ★

Your logo will be used
on the bus and
everything associated
with it!

How to
Enter

Hand your entry to Miss Brooke by Friday 7th November

Remembrance Day Roll of Honour

Dear All,

As part of this year's Remembrance Day assembly I would like to include a roll of honour for The Banda community. Since The Banda is only 60 years old I am aware that there are no ex pupils from either WW1 or WW2 so I am asking for relatives ranging all the way from Rising Stars - Year 8. I will be asking children from across the Upper and Lower school to read them out in what I hope will be a moving Act of Remembrance.

I am sure many of you have relatives who have played a part in the war(s) and so I am asking for:

- Full name
- Title
- Relation to your child
- A photo (if you have one, but it doesn't matter if you do not, their name can still be read) of any relative who either represented their country in battle or lost their life in either WW1 or WW2.

Unfortunately, the time allocated for assembly will not allow for specific stories to be told (but, of course, you are welcome to send me them if you wish as I am sure there are many and I am always fascinated to read them).

Example: Captain J. R. England, Great grandfather to Hannah Foster 3HF.

Many thanks and I look forward to receiving them by October 31st latest.

Best wishes,
Hannah Foster



SWIMMING REPORT

The swimming team is back to competitions. The swimmers took part in the Nairobi County Swimming Association level 2 and level 1 under 11 year competitions over the Half Term break and bagged a total 19 medals, 3 gold, 8 silvers and 8 bronze medals. Michaela Kihungu won the 2nd best girls category trophy in the competition. Congratulations to the swimmers as they prepare for the 12 and over gala this coming weekend.



GOLF NEWS

Over half term, Keith in Year 6 played in a Clubnite at Karen Country Club. Playing off a 17 handicap he managed to shoot a gross 80 giving him a total of 45 stableford points. This is 9 shots better than his handicap. In layman's language he was quite simply 'awesome'. He won Clubnite, becoming the youngest ever winner of a full club competition at 10 years of age. It is not easy to achieve such an accomplishment, it is simply down to very hard work and commitment. His new handicap is now 14.



MATHEMATIX

The number 2013 is multiplied by a positive integer n . The last 4 digits of the result are 2025. What is the sum of the digits of the smallest possible value of n ?

- a) 17 b) 13 c) 15 d) 14 e) 16

MATHE MATIX

SPRUCE UP OVER HALF TERM

Once again, our Maintenance Team outdid themselves improving, renovating and repairing facilities, for enjoyment of the pupils and staff.



There's a new and smart tent at the Main Gate

Pegasus Early Years and Boarding House are now on solar; the school is now 98% Off-Grid



Great work creating more offices and relocating the Conference Room's Entrance



Our Learning Development rooms got refurbished



3 point seat belts installed in the big School bus



Finally, all classrooms got the Apple TVs upgraded



FRENCH AND HISTORY TRIP TO FRANCE

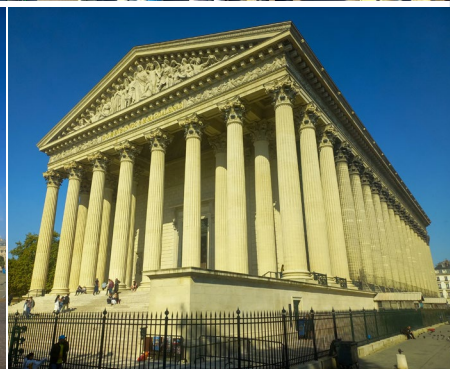
The recent trip to France provided an outstanding opportunity for pupils to immerse themselves in the French language and culture over the course of a week. They were able to engage with the language in a natural setting: seeing, hearing and speaking French while also exploring significant historical landmarks in both Paris and Normandy.

Paris offered far more than its iconic monuments. Pupils absorbed the vibrant culture as they wandered along the banks of the Seine and enjoyed a picturesque cruise aboard the Bateau-Mouche. This journey offered views of renowned landmarks such as the Louvre Museum, the Eiffel Tower, the Sacré-Cœur and many others, enriching their understanding of French heritage and daily life.

Following their time in the capital, the group travelled northwest to Normandy, where the atmosphere shifted from cultural exploration to solemn reflection. Here, the focus turned to remembrance, as pupils visited sites of historical significance that commemorated the events and sacrifices of the past.

In conclusion, the trip was a memorable blend of education, enjoyment and contemplation. It not only deepened the pupils' appreciation of French language and culture but also offered them a profound connection to European history, leaving a lasting impact on all who participated... (Disclaimer: We didn't steal Napoleon's jewels)!





U13 BOYS CRICKET

The Banda 1st XI cricket team, playing a game against Peponi at the Nairobi Club. The Banda won by 45 runs with some excellent performances by most of the boys. Man of the match Devansh, scoring 69 runs not out from 52 balls with a strike rate of 132. He was well supported with the bat in hand by Jake, who batted in partnership with him for most of the innings, scoring 34 not out. Well done to all of the 1st XI boys.



YEAR 7

Sustainability took center stage on Thursday as Year 7 welcomed Florian Keller, Chief Guest and Sustainability Officer at Enchanting Travels, for an inspiring and informative talk about Sustainability in travel. Having spent the term studying Sustainable Tourism in Geography, the pupils gained valuable real-world context from Florian's expertise. Of particular interest was the focus on immersive and meaningful travel, which explored how to foster deeper understanding and genuine connections while actively benefiting local communities, nature, and the climate.



YEAR 7

In their Literacy lesson, Year 7 pupils were working on Writing Character Descriptions. They acted out certain behaviours and mannerisms and chose adjectives to describe what they saw from the characters.



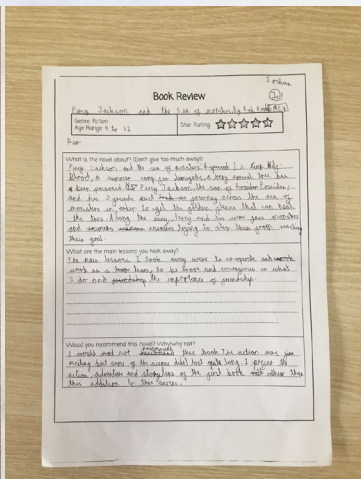
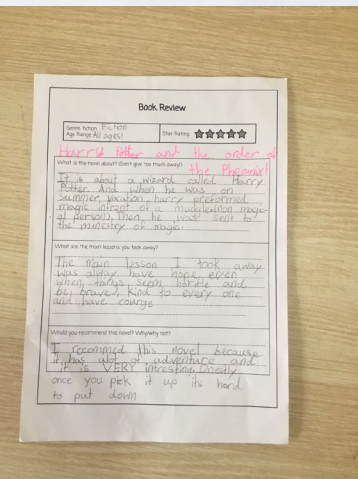
YEAR 6

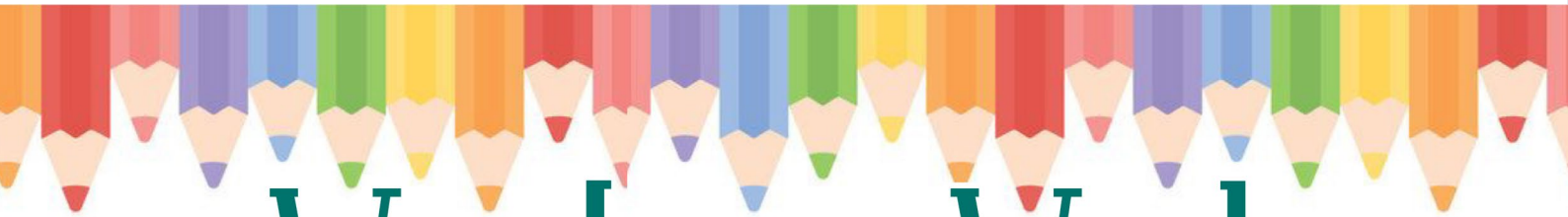
We worked on factorising prime numbers as well as our times tables.



YEAR 5

This week, 5MeV shared the book reviews they completed over half-term. A wide variety of books were read and it was nice to receive some new recommendations. Some of the books read: Harry Potter and the Order of the Phoenix, Percy Jackson and the Sea Monsters, Mo Salah and Messi by Matt and Tom Oldfield, i22Y the inventor and the unexpected unicorn, Afanti, The Sleepover Club, Billionaire Boy, Mirabelle, The Worries: Shara and the Big Sleepover and The Green Knight. The children also investigated how different paper affects how far the airplanes travel, in Science.

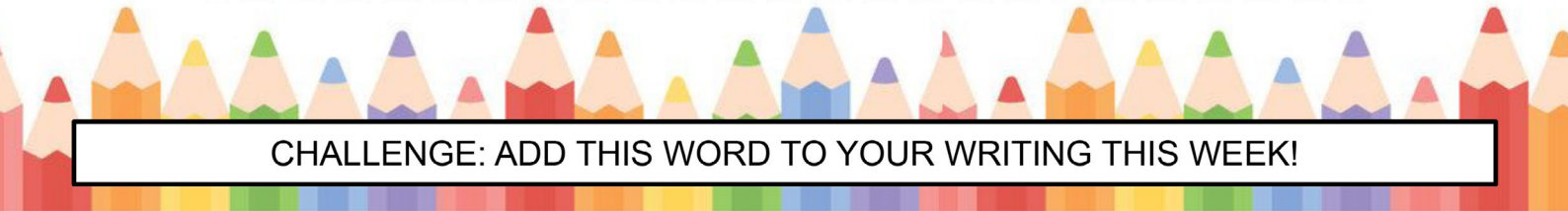




Word OF THE Week

JUNIOR

Ecstatic
Extremely happy and excited.



CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

LOWER SCHOOL LDC

In the Learning Development Centre we employ a multisensory approach to teaching. This is a way of teaching that engages more than one sense at a time. Using sight, hearing, movement and touch gives our pupils more than one way to connect and engage with what they are learning.



YEAR 4

This week, our Year 4 pupils celebrated Maths Day with a variety of fun and challenging activities. They enjoyed quick maths snowball games, solved real-life problems that made them think carefully, and built creative 3D cities using nets of shapes. It was exciting to see how flat paper could be turned into buildings and towers. The day ended with the House Team Maths Relay, where pupils showed great teamwork and friendly competition — a wonderful way to celebrate the joy of maths.



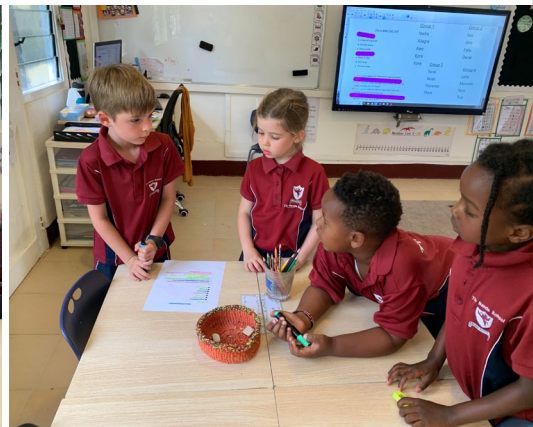
YEAR 3

Could you survive the Stone Age? In History, our little cave men and women got crafty making tools out of natural resources. We have some great survivalists in our classrooms!



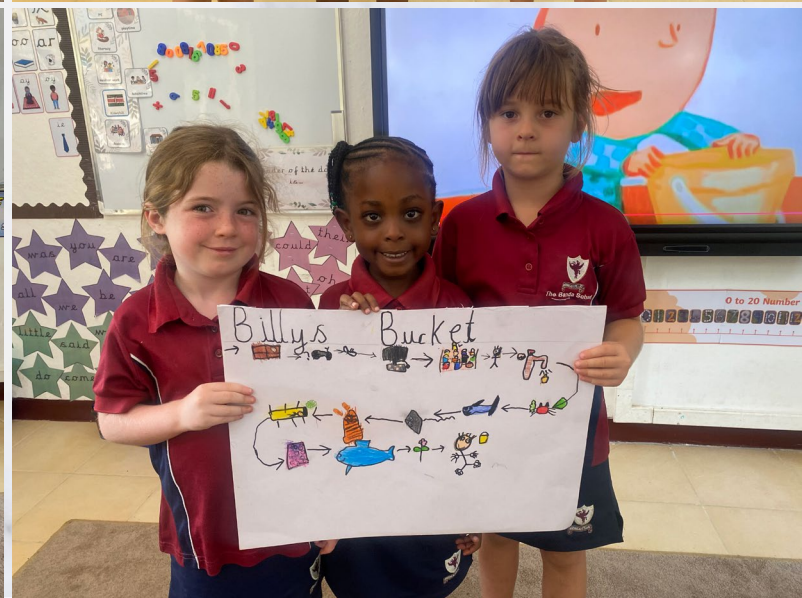
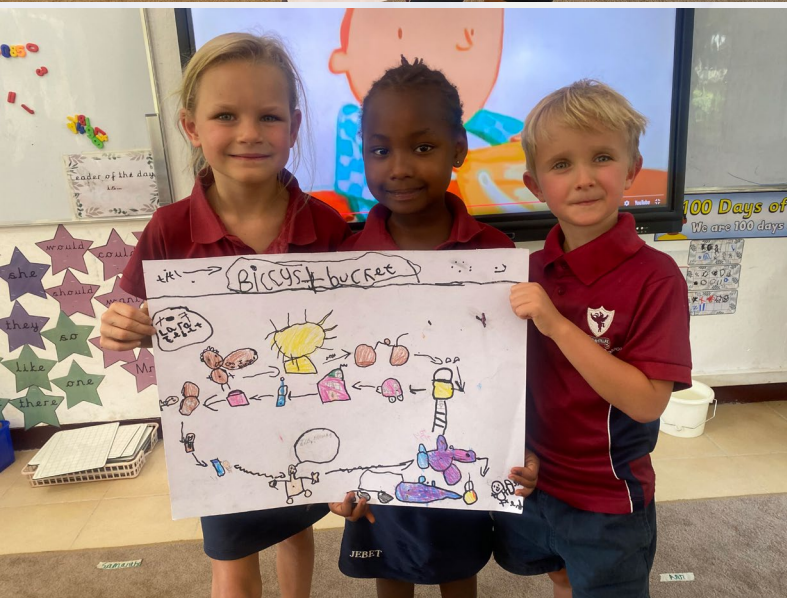
YEAR 2

In Humanities, Year 2 are learning about Celebrations around the world. This week we have learnt about Diwali and Chinese New Year. We made diya lamps and made our own Chinese dragon. In our Literacy lesson we learnt about imperative verbs that are used when writing instructions. We then recited some instructions and remembered to act out all the 'bossy' verbs.



YEAR 1

We thoroughly enjoyed working in groups to create a story map in Literacy. In Numeracy, we made paper chains to show our number bonds to 10.





YEAR 1 TRIP TO MIZIZI ECO CIRCLE

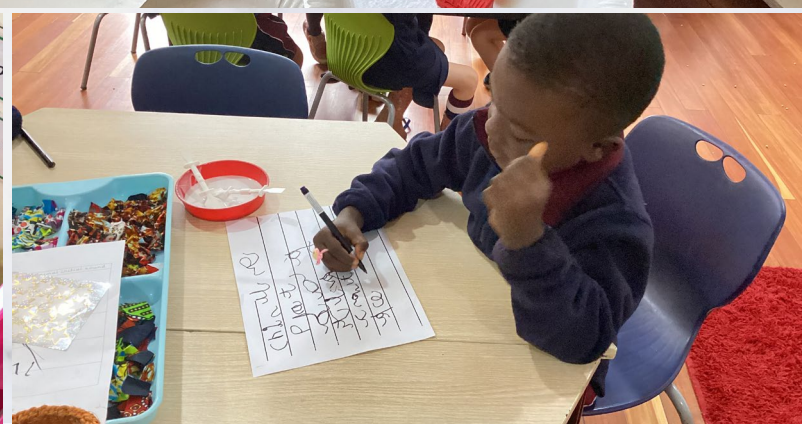
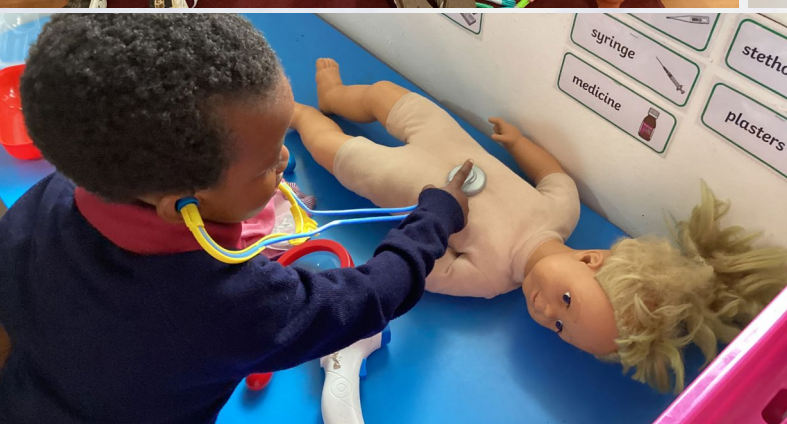
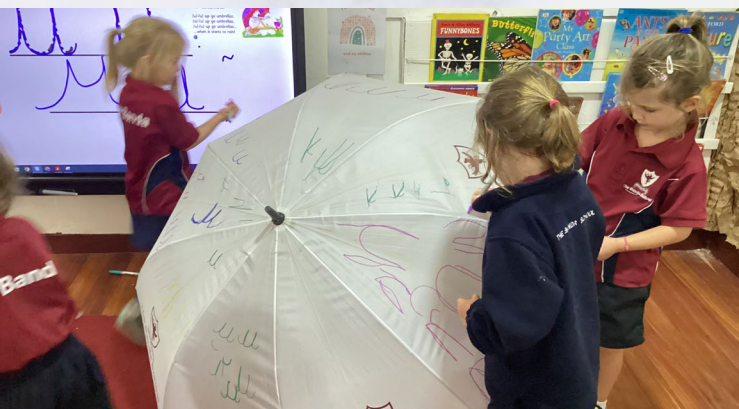
The Year 1s had a fantastic trip to Mizizi Eco Circle, where they learned all about plants and gardening. The children were thrilled to get their hands dirty as they prepared the soil and even planted their very own trees! It was a fun filled, hands on experience that everyone enjoyed.





PEGASUS EARLY YEARS RECEPTION

Active Learning in Reception!



NURSERY 2

We went on safari to the savanna this week; learning about the wet and dry season and touching on the Migration. We painted beautiful elephants and created mixed print borders resulting in some lovely artwork.



NURSERY 1

This week, the Nursery children have been busy developing their fine motor skills through a variety of hands-on activities. These experiences helped strengthen their hand-eye coordination, finger control, and concentration, all while having lots of fun and showing great perseverance!



RISEING STARS

Learning about the snowy weather, The Rising Stars enjoyed breaking the cold block of ice, painting on ice cubes and exploring the snowman and snowflakes.



WEEK 9**MENU****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****MORNING BREAK****LUNCH:****SOUP****MAINS****VEGGIE /
SPECIAL
DIETS****SIDES****DESSERT
MAIN SCHOOL****DESSERT
PEY**Cucumber
Sandwiches &
FruitCream of Carrot
Soup

Margarita Pizza

GF Pizza

Vegan Pizza

Corn on the Cob
Potato Salad
Coleslaw
Tomato
Cucumber Eggs

Bananas

Bananas

Cake &
Fresh Fruit

Herbed Chicken

Refried Butter
Beans in a
CasseroleMaxim Potatoes
Carrots & French
Beans

Ice-Cream

Yogurt

Cheese Straws &
Carrot SticksMeat Balls in
Marinara Sauce

SpaghettiVeggie
Bolognese

Vegan BologneseGrated Cheese
Crunchy Seasonal
Vegetables

Fruit Salad

Fruit Salad

Potato Veggie
Balls
Fresh FruitMild Lamb Curry

GF Lamb CurryTofu & Vegetables
in Black Bean
Sauce

Ugali & Rice

Yoghurt

Yoghurt

Vanilla Cookies
& Cucumber SticksCream of Butternut
SoupChicken Korma

GF Chicken Korma
NaanCreamy Vegetable
KormaRaita
Kachumbari
Mango Chutney

Fruit Platter

Fruit Platter

- From sauces and chutneys to flapjacks and focaccia, 95% of our what we serve is cooked on-site by our catering staff
 - We cater for varied food preferences in our menu and always have Halal and allergen free options
 - All eggs are free range and organic as well as many of the vegetables

Menu is subject to change

NOTICE BOARD

COMPULSORY FOR THE SESSION - EQUIPMENT LIST:
STICK, SHINPADS, HAT/SUNSCREEN AND MOUTHGUARD

CRI5TA
CULLEN

AUTOGRAPHS AND
OLYMPIC MEDAL PHOTO
OPPORTUNITIES

**OCTOBER
25TH**

**OLYMPIC GOLD
MEDALIST AND NICKY WATSON
WITH KENYAN INTERNATIONALS**

VENUE: BANDA SCHOOL ASTROTURF
CONTACT NICKY FOR REGISTRATION:
+254 748 177108
KSHS.4,500 PER CHILD

LIMITED SPACES

WE WILL COVER

FUNDAMENTAL TECHNICAL SKILLS
SPECIALIST SKILLS
DEFENSIVE SKILLS
ATTACKING SKILLS
TACTICAL PLAY

MORNING SESSION:
8-10 YEARS OLD
(08:30 - 11:30 AM)

AFTERNOON SESSION:
11-13 YEARS OLD
(15:00 - 18:00)

PRESEASON SESSIONS

**THE JUNGLE
BODY KENYA
MEGA CLASS**

**FRIDAY 21ST
NOVEMBER
5PM**

SWIFT & SPARKLE
A FAMILY DISCO EVENT TO SHAKE IT OFF!

MATTEO'S LOUNGE EVENTS NGONG ROAD KAREN
TICKETS: ADULTS 1500 KSH // CHILDREN 2000 KSH

INCLUDES: WELCOME DRINKS + 1 HOUR TAYLOR SWIFT INSPIRED POP FAMILY DISCO + FRIENDSHIP BRACELET
STATION + GLITTER BAR + POM POMS FOR CHILDREN

MPESA PAYBILL: 5345074 (INCLUSIVE MOTION AND FITNESS)
ACCOUNT NUMBER: YOUR NAME + SS

DOORS OPEN: 5PM // AMAZING VENDORS // DISCO STARTS AT 6PM

Kenya Horticultural Society
NAIROBI DISTRICT

PLANT SALE

CALLING ALL
GARDENING ENTHUSIASTS!

**THE WATERFRONT MALL
KAREN
NOVEMBER 1, 2025
9AM - 5PM**

PLANTS PLANT KIDS PLANT
AND CARE ACTIVITY PRODUCTS
PLANTERS ZONE

**LANG'ATA ROAD
MEDIAN PLANTING**

DONATE, BRING OR BUY A PLANT
*SEE SEPARATE POSTER FOR DETAILS

KENYA HORTICULTURAL SOCIETY
Gardening Kenya

**Help us to green
Lang'ata Road**

**STAGE 1: NOVEMBER 1 2025 - THE WATERFRONT MALL, KAREN.
9AM-5PM
AT THE
KHS NAIROBI PLANT SALE**

PLEASE DONATE PLANTS AND/OR COMPOST!

- Drop suitable plants off at the donation tent at the KHS Plant Sale, OR
- Donate money for KHS to buy plants for you to TILL No 584472 and then send a message to 0721549720 with the amount paid, your name and "LANGATA ROAD" OR
- Buy suitable plants at the KHS Plant Sale and drop it at the donation tent
- To donate compost, leaf mould or red soil - call 0721549720 for more details

Suitable plants:

- Succulent shrubs
- Salvia species
- Agave species
- Euphorbia species
- Aloe species
- Bauhinia tomentosa
- Cadia purpurea
- Draceana species
- Thunbergia erecta
- Justicia species
- Nerium oleander
- Gardenia ternifolia
- Washingtonia, Phoenix, Caryotis & Chamaerops palms
- Plectranthus species
- ** NO HIBISCUS

PLEASE (due to cattle)

**DONATE FOR PLANTS
500/-: SMALL PLANT
1,000/-: SMALL SHRUB
1,500/-: LARGE SHRUB
TILL NO 584472**

NOTICE BOARD

SIX

QUEENS IN CONCERT



DIVORCED BEHEADED LIVE

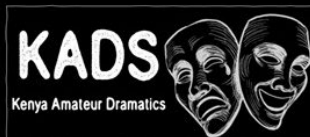
Date Thursday 13th Nov 7:30 PM and Friday 14th Nov 7 PM

Venue: Matteo's event space - Tickets 4,000 per person

Buy tickets through

www.KENYABUZZ.com

(price includes a welcome cocktail & finger food)



MATTEO'S EVENTS

Halloween Party

1 November | MATTEO'S EVENTS | 2 PM - 6 PM

Trick & Treat | Games
pumpkin carving
painting | face painting
cookie decorating
witch's kitchen | pizza dinner

Tickets
Early bird: 2,000/-
until 29.10.25
Regular: 2,500/-

LIPA NA M-PESA
BUY GOODS & SERVICES
TILL NO
572 5053

Ngong Rd & Karen Rd Junction



FRIENDS AND FAMILY ANNUAL TRIATHLON

Raising funds for the Pembroke Foundation

SUNDAY, 2 NOVEMBER 2025
PEMBROKE HOUSE SCHOOL, GILGIL

MINI DUATHLON

2.5 KM BIKE + 400M RUN

YEAR 1 - 4

Early bird ENTRIES: Ksh 1,500 per child

(Closes: 28th October, End of Day)

STANDARD ENTRIES: Ksh 2000

(Please note that one adult may accompany per child)

TRIATHLON - INDIVIDUAL RACE

400M SWIM + 10KM BIKE + 2.5KM RUN

YEAR 5 - 8 + ADULTS

EARLY BIRD ENTRIES: Ksh. 3000

(Closes: 28th October, End of Day)

STANDARD ENTRIES: Ksh 5000

TRIATHLON - RELAY RACE

400M SWIM + 10KM BIKE + 2.5KM RUN

YEAR 4 - 8 + ADULTS

EARLY BIRD ENTRIES: Ksh. 6000 Per team

(Closes: 28th October, End of Day)

STANDARD ENTRIES: Ksh 7500 per team

To Register, [CLICK HERE](#)

The races start at 8 am.

We welcome anyone wanting to camp! Camping space and tent hire are available - on a first come first served basis. Contact : laurachurch@mac.com

NOTICE BOARD

WWW.KSPCA.ORG.KE

KSPCA PAWCHELLA SHAGGY DOG SHOW 2025



ADVANCE TICKETS:

ADULT: 800 KSH

KIDS: 400 KSH

AT THE GATE:

ADULT: 1,000 KSH

KIDS: 500 KSH

SUNDAY 9TH NOVEMBER NGONG RACECOURSE

TICKETS AT TICKETSASA.COM

VENDOR & OTHER ENQUIRIES TO 0719 253 611

PLEASE NOTE THAT ALL DOGS MUST BE ON A LEASH AND HAVE A VALID VACCINATION CARD.