



Celebrating 60 Years

Spirit of The Banda

Friday 3rd October 2025

A WORD FROM THE HEADMASTER

One of the key aspects of our whole school drive on literacy is to promote reading, so it has been great to see this in evidence throughout the school, from significant numbers of pupils reading in their spare time, to a definite rise in numbers visiting the Library. Staff have also been posting what they're currently reading on their doors. Do please encourage your children with their reading at home, no matter the subject matter. Reading is a real life long pleasure and privilege, and prep school is the perfect time to ignite that passion.

On a similar note, do look out for the opportunity to support The Banda Book Bus, a new initiative spearheaded by Miss Brooke, where we'll be getting our pupils to share their love of books with children in local schools and communities who don't have the same access to reading materials. Huge thanks to those parents who have already generously donated and do look out for the promo on social media.

It was great to be able to announce our Heads of House and Prefects for the school year: Sam (Duma), Honey (Simba), Lia (Swara) and Juliet (Twiga), along with Erin, Michael, Joshua and Constantin. Many congratulations to them, as well as our Captains of Cricket, Nyssa and Michael. We look forward to developing leadership opportunities for all our Year 8 pupils in the coming weeks.

A full array of events this week have included the Year 5 Music Showcase, which gave all pupils in the year group the chance to get up on stage; a brilliant team performance by our golfers at the Stowe Putter, a tournament they look set to dominate for several years; and a first outing of the year for our swimmers at the Kenton Relays.

And finally.... Good luck to all our Under 9, Under 11 and Under 13 cricketers as they take on Pembroke tomorrow.

James Moss-Gibbons



Our U13 Peponi T10 Cricket Team (Boys)

See Week 6 events overleaf

Follow us on:



Stop asking
"How was your day?"

What is one brave
thing you have
done recently?



The Banda School

Word OF THE Week

Turmoil

*A state of great confusion,
disorder or disturbance.*

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

SECONDARY SCHOOL INFO



ST ANDREW'S SCHOOL, TURI

Seeking the Highest since 1931

TURI

ASSESSMENT

WEEKEND



10th & 11th

OCTOBER 2025

- Cognitive Abilities Testing
- School Tour
- One-on-one consultation with admissions team

COST: KES 11,800



Braeburn Garden Estate
Summum Appeto

Scholarship Applications - September 2026!

Now open for students applying into year 9 and year 12

Closing Date : Friday, 10th October 2025

Shortlist Announced: Monday, 27th October 2025

Scholarship Assessment day: Tuesday, 13th November 2025

All Round



Academic



Excellence



Scan the QR Code for specific details and requirements under each scholarship. Please note that application for scholarship must also include the completion of a formal school application form.



TASTER MORNING AT HILLCREST SECONDARY SCHOOL FOR PARENTS AND CHILDREN

Thursday 23rd October

Friday 24th October

Thursday 30th October

Friday 31st October

- 7.45am Arrive
- 8.00am Meet and Greet
- 8.15am Presentation for parents and lessons for students
- 9.00am School Tours with Prefects
- 10.00am Tea and Coffee and final conversations
- 10.30am Parents Depart from School with Children



Scan the QR code to book

#WeAreHillcrest

@hillcrestKE @hillcrestschools

A Member of the Braeburn Group of Schools

hillcrest.braeburn.com

SECONDARY SCHOOL INFO



HILLCREST
INTERNATIONAL SCHOOL

Year 9 Scholarships 2026 Now Open

Application Deadline: **Friday 14th November 2025**
Scholarship Assessment Dates: **Friday 9th and Saturday 10th January 2026**
Scholarships will be offered by: **31st January 2026**
For details contact: **paula.iwalat@hillcrest.ac.ke**

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ONLINE SAFETY TALK FOR PARENTS

Thank you to those who attended the Online Safety Talk last week. Here is a summary of some of the points covered. The slides and video of the talk have been shared by email.

Online Safety 4 Schools

Online Safety 4 Schools



Parents Workshop

Points / Tips 2025



Online Safety includes possibility of being screened out due to Cyber Vetting later in life

Education, Awareness and Parental Involvement will always be priority No:1 to keep

Virtual Reality is wonderful technology, but it does have its darker side.

There are many forms of Online Exploitation, but actual no Device or App or Game is created to be dangerous, they become dangerous due to 'BEHAVIOUR'

13 is possibly the age to allow your child to have a Smart Phone, however if there is good reason then children should be told about issues of 'selfies' & GPS and Family Sharing or Google Family Link should be used on the Phones.

Most Children will behave Inappropriately 'By Accident' so Parents need to be involved

Online Predators hide in plain sight and Gaming can have its positive side.

Bullying occurs in DM Groups, so be part of them – Tik Tok Challenges will be known by children so ask – Cyber Flashing can be prevented by de-personalising devices.

Monitoring and Controlling a Childs Screen Time can prevent many only issues.

VR & Ai can be used negatively – Parents should be part of their Childs VR world (Get a Headset) . Ai allows for the creation of appropriate and inappropriate 'Text & Images'

The creation of a child's Positive Online and the physical searching and use of software like – Face Check ID * 'Take it Down' can prevent disappointment in the future

Online Safety 4 Schools (www.onlinesafety4schools.co.uk) Jonathan Taylor MSc

WELL DONE, THANGA!

Thang'a, Year 3 participated in two international motocross events over the past couple of months. He was one of two riders to represent Kenya at the Motocross of African Nations (MXOAN) in Harare, Zimbabwe on 16-17th August 2025. Despite a number of unfortunate hard crashes, Thang'a managed to work his way up from the back of the pack and secure an overall 9th position out of 23 riders in the 50cc Class. He was very proud to represent Kenya alongside Aidan Stanley (a Banda Alumni) who participated in the 125cc class. Last weekend, Thang'a was invited to ride for the Gauteng MX Team in the North vs. South (NvS) Championship in Bloemfontein, South Africa. This is one of the most prestigious races in South Africa and the largest race (by number of riders) in Africa. He managed a hard-earned 3rd position in Heat 1 of the 50cc race before the skies opened up and the final heat had to be cancelled. We are all very proud of you, Thang'a!



STOWE PUTTER

On Monday 29th September 4 of our golfers took part in the annual Stowe Putter played at Gilgil Club and hosted by Pembroke House. 3 of the boys travelled up to Gilgil on Sunday to play the course and spend valuable time practising on the browns (not greens). The team was well rewarded on Monday with our best 3 scores of 26 points, Declan Walsh, 20 points, Jaylan Chandaria and 18 points, Statsiu Limb making a total of 64 points which I felt was a winning score. Our captain Keith Masika (our only handicapped player) struggled off the men's tees mainly because of the very heavy rough. When prize giving was done only the winning team was announced without any score, so I did not know how our boys did until I received the results the following day. As it turned out we were second overall. A superb performance and we can have this same team for another 2 years.



MATHE MATIX

MATHEMATIX

Each of the integers 334 and 419 has digits whose product is 36. How many 3 digit positive integers have digits whose product is 36?

- a) 21 b) 15 c) 18 d) 24 e) 12

T10 CRICKET REPORT

On Saturday, the 1st XI boys' cricket team took part in the Peponi 10's Tournament, with four schools involved: Kenton, Banda, Pembroke, and Peponi. By the luck of the draw, we faced Peponi in our opening match. The boys produced a superb all-round performance and secured a convincing 46-run victory.

This win set up an exciting final against Pembroke, with two very evenly matched teams. After losing the toss, The Banda were asked to field first. A brilliant opening spell with the ball in hand left Pembroke struggling at 15 for 4 after just 4 overs. However, their middle order fought back, putting together a 40-run partnership and setting us a challenging target of 76 runs in 10 overs.

Our chase was spirited, with strong batting throughout the innings, but we fell just 6 runs short of victory, finishing as runners-up and proudly taking home the silver medal. Despite the narrow loss, Mr. Vosloo was extremely proud of the boys, who displayed excellent cricket, determination, and teamwork all day.

What stood out most was the camaraderie in the field and the sportsmanship shown amongst the players. Jake was awarded Batsman of the Tournament, while Ernest earned Fielder of the Tournament, a testament to the talent within the squad.

Well done to the boys on a fantastic effort—we now look forward to our upcoming match against Pembroke this weekend!

The Banda 1st XI Girls' Cricket Team competed at Peponi Secondary for the 10/10 Cricket Tournament - their first hardball tournament ever! After an entertaining journey, where the girls bonded as a team to Mrs. Abbz' best playlist, everyone arrived full of energy and enthusiasm.

Unfortunately they were met by a very wet grass cricket wicket which meant that a new strip needed to be cut and rolled before they were able to start. After a long wait, the girls finally played their first game against Pembroke. Sadly the girls did not give their best bowling performance, giving away too many extras in their 10 overs, allowing Pembroke to reach 65 runs. The Banda girls actually scored more than Pembroke off the bat, but Pembroke were tidier with their bowling meaning that The Banda lost by just 3 runs! In the playoff for 3rd and 4th place against Kenton, The Banda dominated with both bat and ball scoring an impressive 95 runs off 10 overs for the loss of 0 wickets and restricted Kenton to just 73 for 5.

This was a great learning experience for the team who showed the progress that they have made so far this season. I look forward to watching their development in the next few weeks in anticipation of the U13 IAPS Girls' 6's Cricket Tournament at Peponi Prep in November.



STEER CHAMPION

The Banda is delighted to have been selected as a STEER Champion School 2025, in recognition of our consistently high-quality use of STEER Tracking across the past few years.

We have been using STEER Tracking at The Banda for the last 3 years and it has enabled us to monitor and strengthen pupils' self-regulation, identify hidden social-emotional risks, and provide detailed, personalised support plans. This award highlights schools that use the STEER programme with exceptional consistency and impact, ensuring pupils receive the very best support for their social-emotional development and wellbeing.



STEER
**Champion
School**
2025

The specific aspect that we have been nominated for is the 'outstanding implementation and impact of Student Action Plans'. For a school to be a champion in this area, we need to have written many action plans and to have evidenced over 70% positive impact. We wrote 100 action plans last year, and achieved an incredibly impressive 82% positive impact!

We are very proud of this recognition. Pupil wellbeing is at the heart of everything we do, and tools like STEER Tracking give us valuable insight to ensure no child is left unseen or unsupported. We are also proud of the fact that every pupil at The Banda has the opportunity to flourish, both academically and personally.

This award reflects the dedication of our staff, the engagement of our pupils, and our shared commitment to promoting and safeguarding the wellbeing of all our students at The Banda.

SAVE THE DATE

The Banda Ball

60

YEARS



07TH MARCH 2026

DETAILS TO FOLLOW SOON



The Banda PTA Reps 2025-26



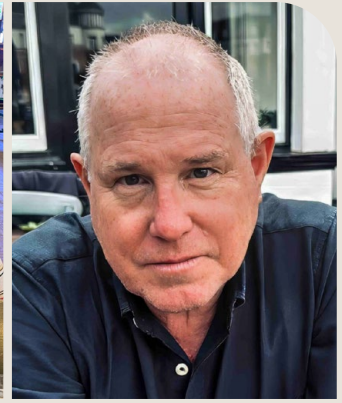
Neha Parmar
Chair



Harriet Inamdar
Vice Chair



Kali Bell
Secretary



Steve Evans
Treasurer



Marita Huurinainen
Year 8 Rep



Brad Elliott
Year 7 Rep



Elizabeth Minjire
Year 6 Rep



Anna Schniepper
Year 5 Rep



Nyambura Karuthiru
Year 4 Rep



Pritesh Shah
Year 3 Rep



Leanne Molenaar
Year 2 Rep



Karijn de Bok
Year 1 Rep



Angela Ondeje
Reception Rep



Maxime Post
Nursery 2 Rep



Gemma Legg
Nursery 1 Rep



Beth Vowles
Rising Stars Rep

class reps

email: pta@bandaschool.com

YEAR 8

Year 8 Art pupils are creating stunning collaged eye artworks, combining high-quality observational drawing with sustainable practices. The project begins with detailed, accurate drawings of their eye, ensuring a strong anatomical and structural foundation. The true innovation lies in their use of recycled magazines to build the final pieces. Instead of paint, pupils meticulously tear and layer tiny fragments of magazine pages to construct the image. This method allows them to achieve a myriad of colour and texture, where a single tone, like the blue of an iris, is created by assembling varied snippets of blues or browns from different glossy images. This demanding technique is a powerful lesson in colour theory, resourcefulness, and patience, transforming discarded paper into vibrant, sophisticated mosaic portraits.



YEAR 8

Last week was an exciting milestone for our Year 8 pupils in Design and Technology. After learning the new skill of creating lamp bases using cement and sand mixtures, the moment finally arrived for the pupils to remove their creations from the moulds. The atmosphere was buzzing with anticipation as each student carefully unveiled their unique lamp base, it was clear that this hands-on project allowed them to gain both technical expertise and a sense of accomplishment. We look forward to seeing how the pupils will continue to develop their skills and creativity in the coming weeks.



YEAR 8

In History, Year 8 got to learn and practise the power of diplomacy and democracy in solving conflict and upholding peace as they re-enacted the Berlin Conference of 1884-85.



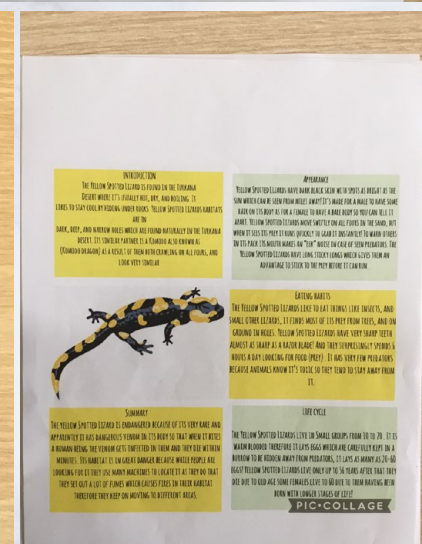
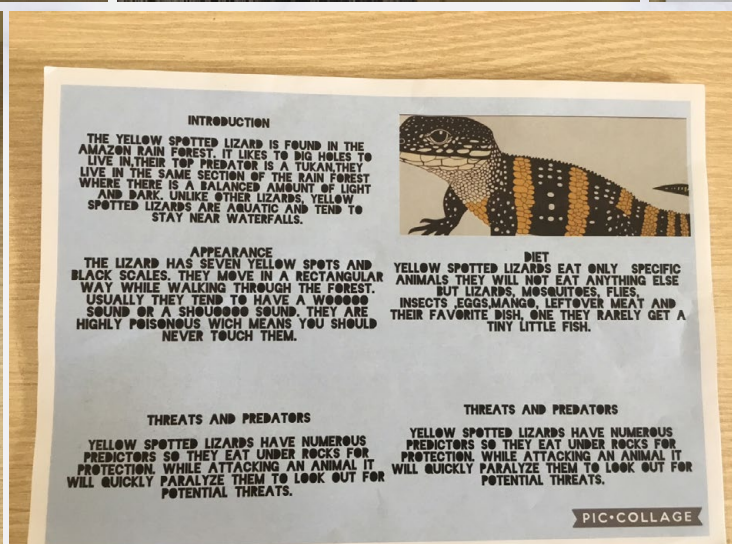
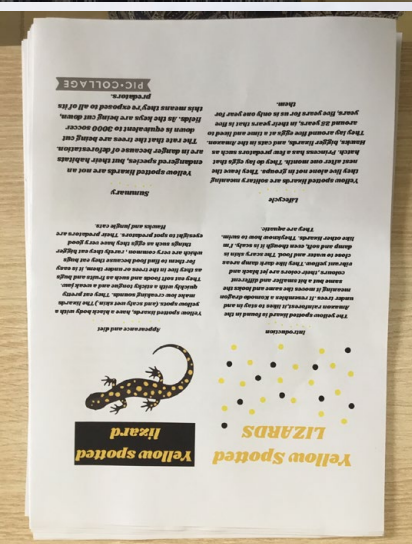
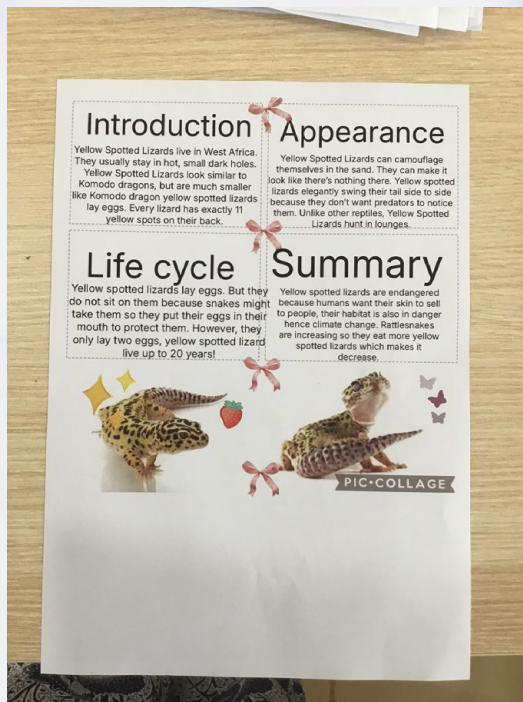
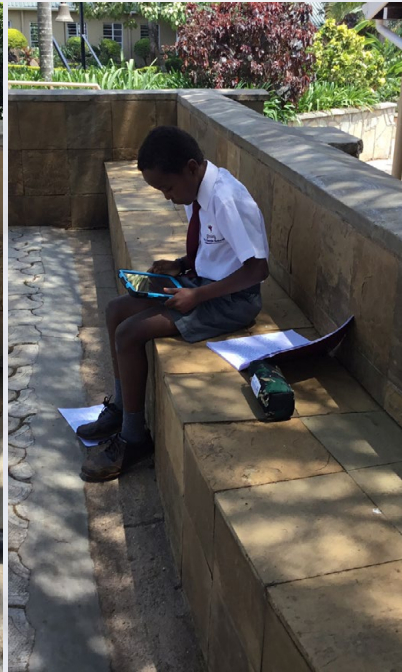
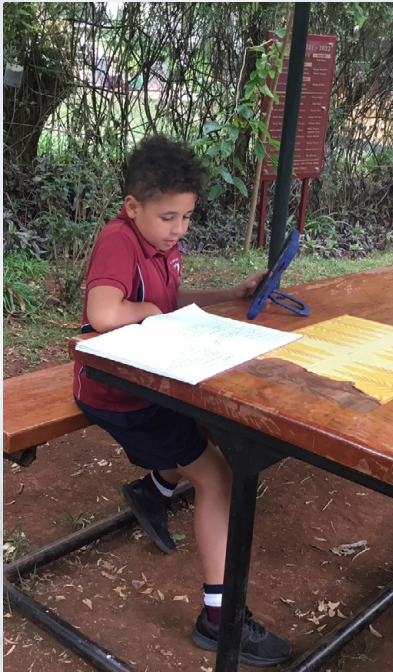
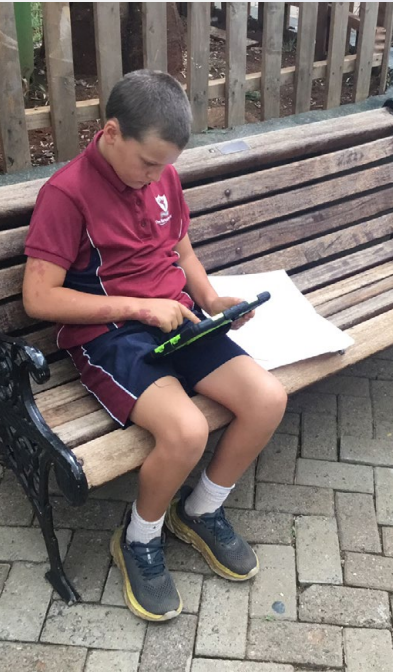
YEAR 7

Year 7 pupils are working on an exciting Art project: creating layered fish paintings that offer a vivid snapshot of life beneath the waves. Challenged to move beyond flat compositions, the pupils focused on using depth and overlapping forms to make their vibrant sea creatures interact within the frame. This sophisticated approach required pupils to master composition, strategically positioning their detailed, dynamically-coloured tropical fish to establish a sense of foreground, middle ground, and background. By having one fish partially obscure another, the pupils expertly manipulated space, successfully creating the illusion of a bustling, three-dimensional ocean environment. The work demonstrates technique, with each piece not just depicting fish, but also capturing a moment in time where light, shadow, and movement are suggested through careful layering. This project has provided Year 7 with a powerful tool for visual storytelling, allowing their artwork to truly come alive.



YEAR 6

This week the Year 6s have created information texts on the Yellow Spotted Lizard found in the novel Holes. They have made good use of their newly acquired iPads using the Voice-to-Text feature, Docs and PicCollage to create these bright eye-catching posters.



YEAR 5

In ICT, Year 5 have begun a fun and collaborative project, creating their own digital books about the sea. Once completed, they will share their work by reading the stories to the Reception pupils.



Word OF THE Week

JUNIOR

Linger
To stay in a place for longer than necessary.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

YEAR 4 TRIP TO THE RAILWAY MUSEUM

Year 4 pupils took a fascinating trip to the Railway Museum on Friday 26th September, bringing to life their studies on the Kenya-Uganda Railway. The outing provided a unique opportunity for children to experience first-hand what they have been learning in their History lessons. At the museum, they marvelled at the old locomotives that once traversed the Kenya-Uganda route and artefacts, including the very furniture and crockery used by Queen Elizabeth II on her maiden train journey. The highlight of the visit was the chance to touch the lion claws of the infamous man-eaters of Tsavo, as well as explore the various train carriages, adding a tangible and exciting dimension to their historical studies. Afterwards, the adventure continued with a memorable train ride from the Nairobi CBD to Embakasi. This journey allowed our pupils to experience Kenya's current rail travel, providing a striking contrast to the historical trains they had just explored. The trip not only deepened their understanding of Kenya's railway heritage but also ignited a newfound appreciation for the history and evolution of transportation in the region. A fun time was had by all!



YEAR 3

Year 3 completed their 3D maps of Kenya by adding the human features. There is an array of colour and sparkle to be seen in 3HF with all the work produced by 3LB and 3HF combined! This week they labelled major cities such as Nairobi, Kisumu, Nakuru and Mombasa.



This week we made an exciting discovery! We have pieced together a near complete skeleton which we think dates back about 1.6 million years ago. Is this the first sign of humans? Is Kenya the Cradle of Mankind? So many exciting questions to explore.



YEAR 3

What would you put in a box if the normal laws of life did not apply? The sweet smell of the sea? The first smile of a baby? The swish of a silk sari on a summer night? In 3HF nothing was too extravagant. The children enjoyed thinking of things they wished they could treasure. Mrs Foster's favourite was "the excitement of Christmas Eve!" If only that was something to keep!

3HF enjoyed searching for ancient and prehistoric fossils in the sand. They had to record what they found and the quantity, too. We are so lucky to live in a country where the sun is almost always shining - 3HF love opportunities to work outside in our beautiful grounds.





YEAR 2

"If you have a garden and a library, you have everything you need." This is what Marcus Tullius Cicero says about gardening, and we fully agree. The Year 2s continued their plant journal series and while our beans grew taller and needed transplanting, we also added in herbs like parsley, coriander, basil and garlic. The garden will be buzzing with healthy herbs in the coming weeks and we can't wait to sample everything from our Shamba.



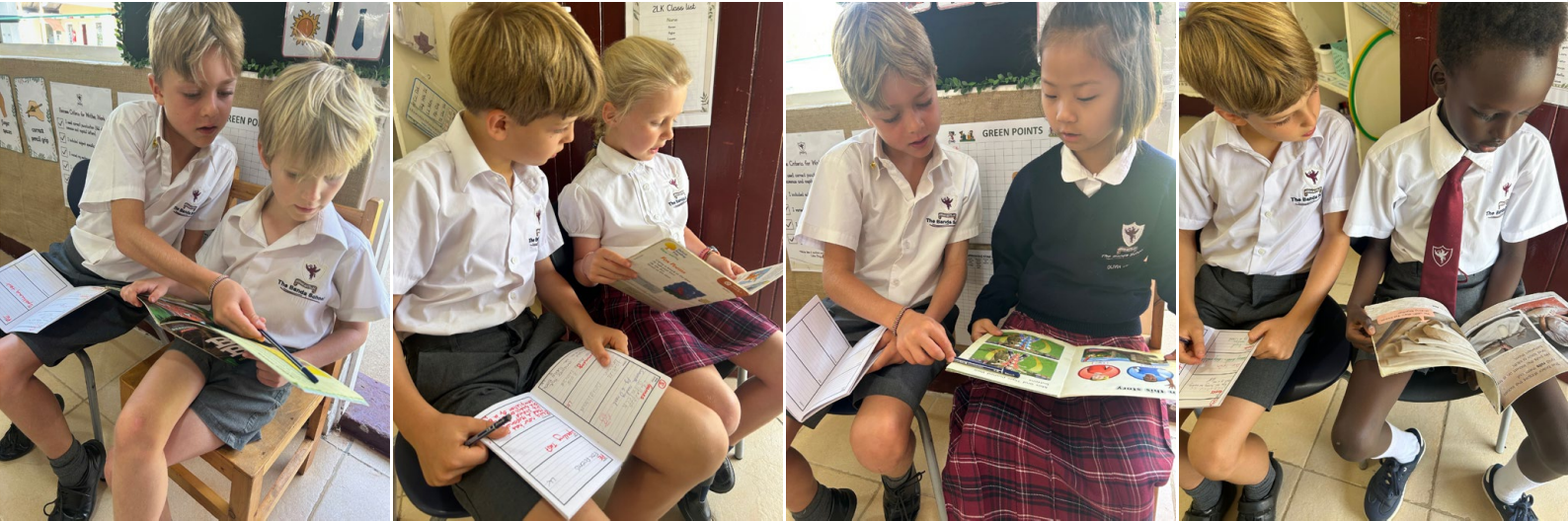
YEAR 2

In Humanities, we brought the Kite Festival that happens in India every January to The Banda, and the pupils had a great time running around the field as their kites flew after them.



YEAR 2

Year 2 had the best time reading to the Year 4 House Captains.



YEAR 1

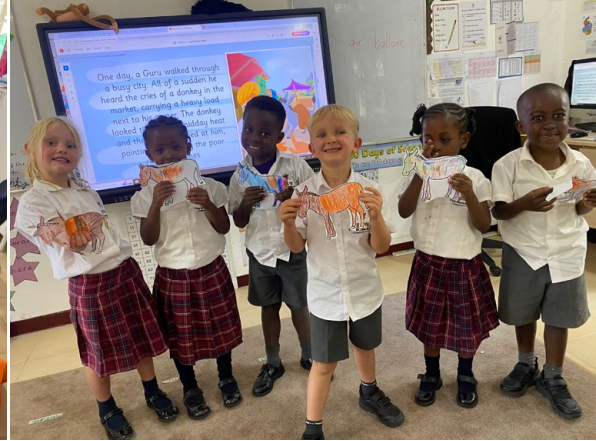
Every year, something magical happens in the Art classroom with Year 1 as pupils combine nature, art, and creativity to create a wonderful display of fingerprint lupin paintings. This simple yet incredibly effective art project is a fantastic way to engage young minds while developing their fine motor skills and understanding of colour and composition. Lupins are the perfect subject because their dense, conical flower spikes naturally lend themselves to the repetitive action of fingerprinting, allowing pupils to focus on building texture and form rather than complex drawing. Using vibrant colors like purples, reds and blues, pupils dip their fingers and press prints up a painted green stem, overlapping them closely to create the bloom. This simple process is a powerful learning tool, strengthening fine motor skills crucial for handwriting and encouraging colour exploration as fingerprints blend on the page. The final textured, colorful pieces make a stunning classroom display, celebrating both individual effort and collective creativity.



YEAR 1

In Year 1 we have been learning about parts and whole numbers. The children used the whole part model, a number plate and cubes to build the numbers. In Literacy we created our own innovative transport ideas to help the penguin return to the South Pole. We also had a great time with the junk modeling activity that complemented the lesson. We had fun creating our own family trees in Humanities. Lastly, we explored Sikh beliefs through the story 'The Donkey and the Tiger Skin' in Religious Studies.

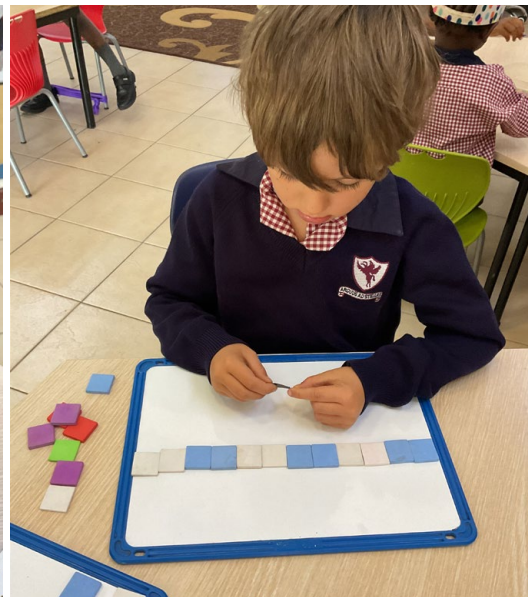
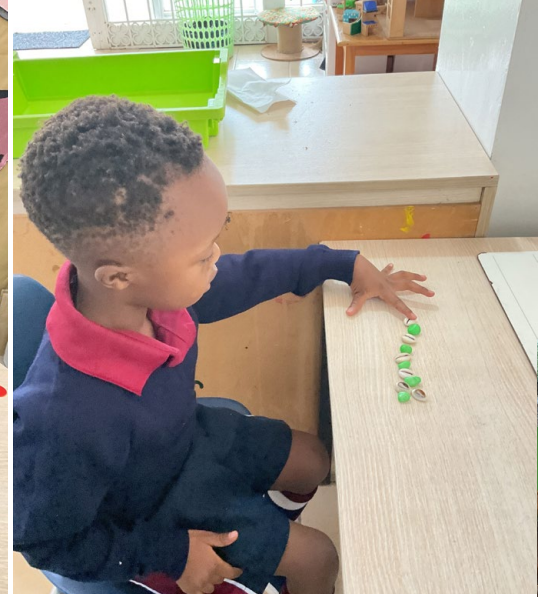
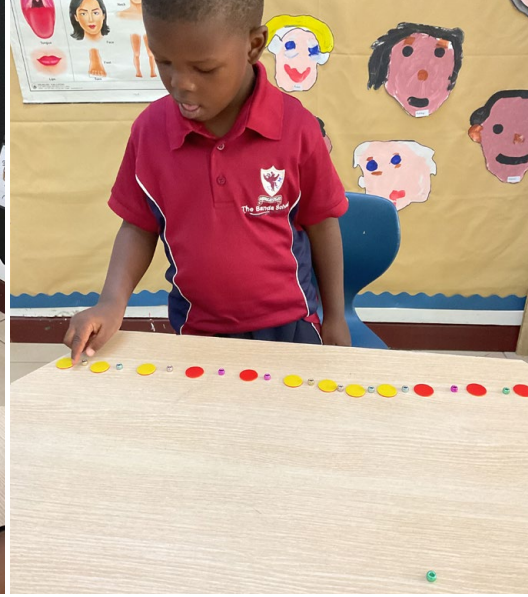




PEGASUS EARLY YEARS - RECEPTION

Reception took inspiration from Pablo Picasso this week and created these amazing portraits using shapes. As they created their Art they discussed the shapes and lines and then took their time to carefully outline and colour their beautiful masterpieces! The children also immersed themselves in applying the concept of patterns using a variety of resources. Well done Reception!





NURSERY 2

We have enjoyed practising our fine motor skills this week, writing our names, learning new sounds and watching our beans grow! We made a tree in cookery, learning about the importance of healthy eating to make us strong. The week ended with lots of dancing, and fancy dress of course!



NURSERY 1

Nursery 1 explored subitising-learning to recognise numbers at a glance through fun activities. We also reviewed 2D shapes and children confidently sorted them with excitement, showing their growing love for early maths.



RIISING STARS

This week we have been learning everything about our mouth. The Rising Stars looked in the mirror to see and count how many teeth they have. They enjoyed eating a banana and sultanas as well as having Sr T coming to talk to us about the importance of brushing our teeth for strong and healthy teeth.



WEEK 6

MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MORNING BREAK

LUNCH:

SOUP

MAINS

VEGGIE

SIDES

DESSERT

MAIN SCHOOL

DESSERT

PEY

Drops Scones
Fruit

Cream of Butternut
Soup

Pasta Carbonara
(pork / chicken)

Veggie Pasta in a
Cream Sauce

Grated Cheese
Seasonal
Vegetables

Fruit Platter

Fruit Platter

Sandwich
Fruits

Chicken in a Herb
Sauce
Potato Wedges

Chickpea &
Carrots in a Herb
Sauce

Mixed Veggies in
a Vegan Herbed
Butter Sauce

Sautéed Seasonal
Vegetables

Fruit Salad

Fruit Salad

Cookies
Carrot Sticks

Cream of Tomato
Soup

Beef Mince & Peas
in a Mild Curry
Sauce

Mixed Veggies in a
Mild Curry Sauce

Kachumbari
Saffron Rice

Apple Flan

Apple Flan

Carrot Cake
Fresh Fruit

Roast Chicken
Marinated in
Mustard & Basil

Vegetable
Cutlets
Vegan Cutlets

Rosemary Potatoes
Crunchy Vegetables
Gravy

Yogurt

Yogurt & Honey

- From sauces and chutneys to flapjacks and focaccia, 95% of what we serve is cooked on-site by our catering staff
 - We cater for varied food preferences in our menu and always have Halal and allergen free options
 - All eggs are free range and organic as well as many of the vegetables

OUR DAILY SALAD BAR - is a nutritious mix of greens, carbohydrates & protein. We try and include all the colours of the rainbow with our vegetables and fruit; various lettuces and rucola; a variety of lentils, beans and legumes; eggs, roast chicken and beef; (other options include but are not limited to - coleslaw, beetroot, quinoa, grated cheese, couscous, two beans salad, pasta salad, egg salad, avocado, etc.)

DRESSINGS - honey vinaigrette, cocktail sauce, mayonnaise

Menu is subject to change.

NOTICE BOARD

BANDA PTA

CAR BOOT SALE



OCTOBER 25TH | 10AM-1PM
MAIN SCHOOL CAR PARK

3K TO REGISTER YOUR CAR BOOT
MUST REGISTER IN ADVANCE USING FORM

[Click To Register](#)



NOTICE BOARD



KENYA HORTICULTURAL SOCIETY

Gardening Kenya

klda



Help us to green Lang'ata Road

STAGE 1: NOVEMBER 1 2025 - THE WATERFRONT MALL, KAREN.

9AM-5PM

AT THE

KHS NAIROBI PLANT SALE

PLEASE DONATE PLANTS AND/OR COMPOST!

- Drop suitable plants off at the donation tent at the KHS Plant Sale, OR
- Donate money for KHS to buy plants for you to TILL No 584472 and then send a message to 0721549720 with the amount paid, your name and "LANGATA ROAD" OR
- Buy suitable plants at the KHS Plant Sale and drop it at the donation tent
- To donate compost, leaf mould or red soil - call 0721549720 for more details

Suitable plants:

- Succulent shrubs
 - Salvia species
 - Agave species
 - Euphorbia species
 - Aloe species
 - Bauhinia tomentosa
 - Cadia purpurea
 - Draceana species
 - Thunbergia erecta
 - Justicia species
 - Nerium oleander
 - Gardenia ternifolia
 - Washingtonia, Phoenix, Caryotis & Chamaerops palms
 - Plectranthus species
 - ** NO HIBISCUS
- PLEASE (due to cattle)

DONATE FOR PLANTS
500/-: SMALL PLANT
1,000/-: SMALL SHRUB
1,500/-: LARGE SHRUB
TILL NO 584472



Kenya Horticultural Society
NAIROBI DISTRICT

PLANT SALE

CALLING ALL
GARDENING ENTHUSIASTS!

THE WATERFRONT MALL
KAREN

NOVEMBER 1, 2025
9AM - 5PM

PLANTS PLANT KIDS PLANT
AND CARE ACTIVITY PRODUCTS
PLANTERS ZONE

LANG'ATA ROAD

MEDIAN PLANTING

DONATE, BRING OR BUY A PLANT

*SEE SEPARATE POSTER FOR DETAILS

SIX

QUEENS IN CONCERT



DIVORCED

BEHEADED

LIVE

Date Thursday 13th Nov 7:30 PM and Friday 14th Nov 7 PM

Venue: Matteo's event space - Tickets 4,000 per person

Buy tickets through

www.KENYABUZZ.com

(price includes a welcome cocktail & finger food)

KADS

Kenya Amateur Dramatics



Have a lovely weekend!