



Spirit of The Banda

Friday 4th July 2025

Thank You

TO ALL THE FAMILIES WHO DONATED
SHOES. THIS IS MUCH APPRECIATED. WE
ARE ALWAYS GRATEFUL FOR THE BANDA
PARENTS GENEROSITY. HAPPY
HOLIDAYS



Follow us on:





INTRODUCING **THE BANDA BOOK BUS**

A reclaimed matatu transformed
into a portable library



- The concept for the 'Banda Book Bus' centres around transforming a reclaimed matatu into a portable library. The idea is to take this matatu to local schools and communities around Nairobi and the wider area.
- Banda children will travel with the bus to various locations to read and play games with Kenyan children.
- The most important purpose of the bus will be to provide a valuable resource for the many less privileged children across Kenya. Alongside this, the matatu will be a opportunity for the Banda children to expand their horizons and participate in a meaningful and personal outreach programme.

If you can offer support in any way, or would like to help, please contact Miss Brooke (r.brooke@bandaschool.com)

TENNIS REPORT

It was a very busy day of tennis last Friday with eight of our Under 11 squad players representing The Banda in the Goodwin Cup at Peponi, four Under 13 boys competing in the Hemming's Cup at Kenton, and four Under 13 girls taking part in the Dod's Cup at The Banda. The Under 11 boys and girls had a wonderful day and played some excellent tennis to come 2nd overall in that competition, whilst the Under 13 boys earned a hard fought 4th overall place and the Under 13 girls ended up in a two horse race for the Dod's Cup trophy, but sadly came in 2nd to a very strong Peponi side. Well done to all the Banda tennis players for acing it!

U13 Boys - Etienne & Marcos/ Ernest & Tristan. U13 Girls - Kera & Andrea/ Caitlin & Taheera. U11 Boys - Dylan & Christopher/ Blake & Jacopo. U11 Girls - Liseno & Isla/ Malia & Jenny.



INTER-HOUSE UPPER SCHOOL CROSS COUNTRY AND LOWER SCHOOL FUN RUN

The Sporting year was rounded off in style on Monday with the Inter-House Lower School Fun Run and Upper School Cross Country.

More so than ever before it was wonderful to see so many Banda pupils giving it their all and fighting for every place for their house. Running is not for everyone, but the spirit on display epitomised everything Banda Sport is about; camaraderie, encouragement and doing it with a smile on their faces.

Twiga were victorious in the Under 9 Age category after the Year 1 and 2s showed us the way around the fields in their enthusiastic and joyous Fun Run. There were some outstanding individual performances too which we were able to celebrate this week in assembly. In the Year 3 Girls race, Eliana Mugai stormed to victory from Ella Flat in 2nd and Bea Blackmore-Evans in 3rd. In the boys the winner was Ryan Speakman, who held off challenges from Louis Etchells in 2nd and Jack Lawrence in bronze position. In the Year 4 race the girls winner was Sarata Gerbouin Bitheghe with Holly Pape and Ashleigh Eddy in 2nd and 3rd respectively. In the Boys Year 4 race, the champion was Jack Jenner who came in ahead of a Twiga 2 and 3 through Max Rose and Hugo Ambrose.

In the Upper School, there were also some wonderful performances. The Under 11 Girls winner was Liseno Waigwa with a brilliant run to beat Mwihaki Gitau and Adeng Juac in the placings. For the boys first place went to an unstoppable Rhys Cullen who led from Max Cavenagh and Marshall Speakman. It was then the turn of the seniors where we were treated to some wonderful performances. The ever unflappable Talia Sadron strode to a great victory with Skye Allan and Jessica Sweetnam in 2nd and 3rd. In the boys Tristan Darker stormed to victory with Kidha Waigwa and Ernest Lallia running excellent races to get on the podium.

It was truly a wonderful day of action on the track and a fitting way to wrap up another incredible year of sport at The Banda.





Year 8 Girls Raising Money for Period Poverty in Kenya

On Friday, Fiona Fisher-Jones came and spoke to the Year 8 girls about Period Poverty. We learnt that 65% of girls and women in Kenya do not have access to period products. We thought about how difficult this would be and felt very sorry for these women. We also learnt that not having access to period products often means girls stop going to school and then cannot get an education.



Fiona also showed us some AfriPads which are re-usable pads that are made in Africa. These are much better than non-reusable products and one pack lasts for 3 years, so can literally change a girl's life!

Each packs costs around 3000Ksh and comes with 6 re-usable pads. We have therefore decided to try and raise as much money as we can so we can buy packs of these re-usable pads. These will then be handed out to girls in the local community who are in desperate need of them.

To raise money we will be having a stall selling sweet treats during the intervals of the play next week. Please come and support us!

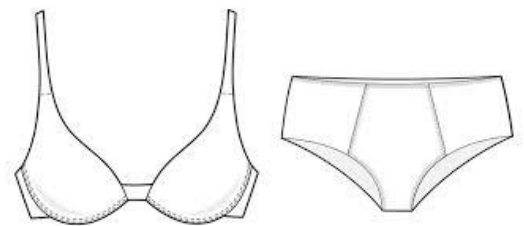
We are also asking for donations of clean pants, bras and bars of soap as we learnt that many girls in this country do not have those either.

We have set up an mpesa number for donations:

Paybill: 172749

Account: Period Poverty

Thank you!



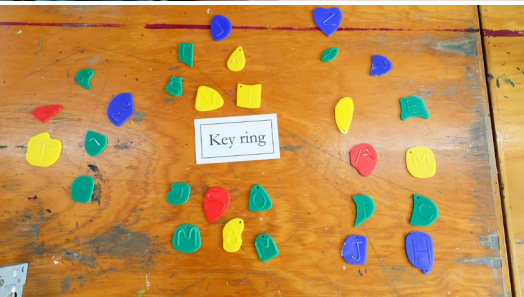
ART & DT EXHIBITION

On Wednesday afternoon, the Art and Design & Technology departments held the first-ever exhibition — a vibrant showcase of the talent, creativity, and dedication our children have demonstrated throughout the year.

The event was a resounding success, featuring an impressive array of pupil work that reflected both artistic skill and thoughtful design. The quality on display was truly exceptional, and we're confident you'll agree that our students have set a high standard.

We are incredibly proud of what they have accomplished and are already looking forward to reaching even greater heights in the year ahead.





LOWER SCHOOL - YEAR 4

Last week, Year 4 was buzzing with excitement as children arrived dressed as scientists or science-themed characters, from Albert Einstein to the states of matter. Classrooms turned into mini laboratories where pupils made slime, built egg-protecting nests and watched fizzy cola and mentos eruptions. The activities sparked curiosity and prompted thoughtful questions such as, "What causes that explosive fizz?" It was a joyful day full of discovery, and a wonderful reminder that Science is not just something we learn about; it is something we explore, question and experience.



YEAR 3

Year 3 children had great fun finishing off our topic and the year with a fantastic Pirate Day. There was map making (can you find where the treasure is buried?), ship building, walking the plank and dodging the canon balls! They all made such a great effort to dress up and had a superb day in their pirate crews.



The Year 3 bug hotel is now officially open. Please do visit the bug hotel along the fence by the Art and D&T block to see if any local insects has moved in yet.



PEGASUS EARLY YEARS - RECEPTION

The Reception children enjoyed playing snakes and ladders. They continued exploring counting skills, applied their strategic thinking and counting skills.



NURSERY 2

This week we finished our topic about Habitats by exploring our own homes. We read “The big orange splot” by Daniel Manus. The children then picked their own materials, and were challenged to independently create their own home. They produced some stunning artwork and some very funky, imaginative houses!



NURSERY 1

Snack time turned into a joyful adventure as little faces lit up with smiles. Children explored different textures on their plates before delighting in a special treat; a delicious birthday cake that brought extra giggles and happiness.



RIISING STARS

Last week of this academic year has been filled with happy children enjoying different activities. We wish all The Rising Stars a lovely summer holiday.





EASY CHOCOLATE MOUSSE



Ingredients

- 1 ½ cups heavy whipping cream
- ¼ cup cocoa powder sifted, use ⅓ cup for dark chocolate flavor
- ½ cup icing sugar, use ¼ cup for dark chocolate flavor

Method

1. In a chilled mixing bowl, begin whipping cream. Whip until frothy and slightly thicken.
2. Add powdered sugar and cocoa powder. Carefully mix until soft peaks form.
3. Spoon into a plastic bag or piping bag with a piping tip. Pipe into serving bowls or glasses.
4. Enjoy immediately or refrigerate until ready to serve.

*Chilling your mixing bowl will help the cream whip more easily.
Sift cocoa powder to avoid dark flecks in mousse.*

NOTICE BOARD

Summer Art Camp

Ksh 3,800
per
Session

All resources
will be
provided.

Draw & Paint
with Mr. *Kiragu Frank*

Pay through
paybill
522533
Acc.
7581113

2 weeks at The Banda School
L.S Art Room, Monday to Friday.
2 Sessions 9:00 AM to 10:00AM and
10:00AM to 11:00AM
14th to 18th July and 21st to 25th July
For Ages
8 years to 14 years.

0708447599, f.kiragu@bandaschool.com