



Spirit of The Banda

Friday 5th June 2025

A WORD FROM THE HEADMASTER

Huge congratulations to our Year 8 pupils who have been sitting their Common Entrance exams this week. They've worked incredibly hard throughout the course of the year and we very much look forward to receiving their results next week. They now embark on their Leavers' Programme, beginning with a trip to Sagana next week, as their time with us draws to a close.

As a year group, they've achieved considerable success over the past three terms and it's great to be able to celebrate a further award with the news that Inaya Macharia has gained a Sports Scholarship to St Christopher's.

We look forward to the PTA Food Festival here on Saturday, followed by the IAPS Netball Tournament in a week's time. This is the tournament's fortieth anniversary and we will also be holding a secondary schools' fair alongside it, comprising a selection of schools from the UK and South Africa, as well as several local ones.

Events come thick and fast in the next few weeks but, this weekend, good luck to all of our riders at the Hillcrest Inter-Schools Riding Competition.

And finally.... A reminder that school will be closed tomorrow due to the public holiday for Eid-ul-Adha. Very best wishes to everyone who will be celebrating this festival.

James Moss-Gibbons



See Week 8 events overleaf

Follow us on:

Stop asking
"How was your day?"

Do any of your
teachers have
children?



The Banda School

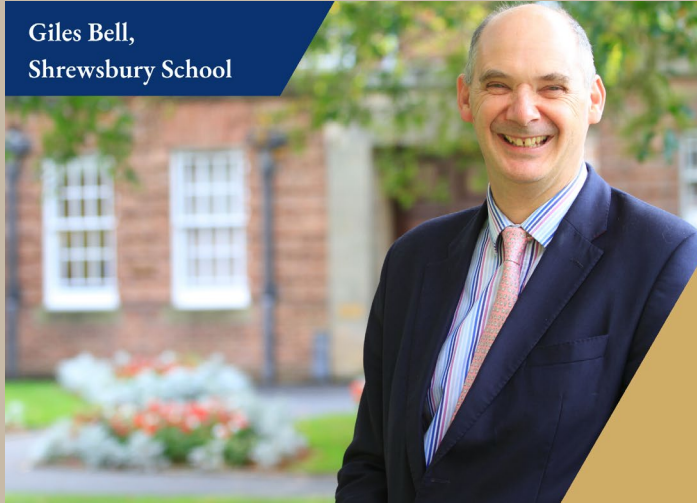
Word OF THE Week

Incessant
Never stopping.

CHALLENGE: ADD THIS WORD TO YOUR WRITING THIS WEEK!

SECONDARY SCHOOL VISITS

Giles Bell,
Shrewsbury School

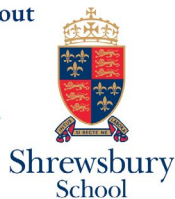


Meet and Greet - Shrewsbury School

Tuesday 17th June from 9.30am

Giles Bell, Senior Admissions Tutor at Shrewsbury School, is visiting Banda School on 17th June. Do come and chat to him about Shrewsbury.

Individual appointments are also available.
To book, please email:
gjfb@shrewsbury.org.uk



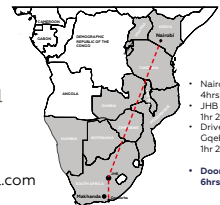
Join us for the Nairobi Information Evening!

Discover the exceptional co-educational experience offered by our **Family of Schools** in Makhanda (Grahamstown) - **St Andrew's College**, the **Diocesan School for Girls** and **St Andrew's Preparatory**. Three independent schools renowned for excellence in all spheres of education, rich tradition, adaptability and forward thinking, ensuring a holistic and innovative education.

Tuesday, 17 June 2025
18:00 for 18:30

Alternatively, we will be at The Banda School on Wednesday 18 June, from 09:00 - 11:00

PLEASE DO BOOK YOUR SLOT TO MEET US THERE
Lindsay Vroom +27 824941020 | Lvroom@dsgschool.com



- Nairobi to JHB = 4hrs 10min
- JHB to Cape Town = 1hr 20min
- Drive time: Cape Town to Makhanda = 1hr 20min
- Door to door = 6hrs 50min



RUGBY SCHOOL
CO-EDUCATIONAL | 13-18 | BOARDING AND DAY



Rugby visits Banda School

19th June - 11am to 12.30pm

Join us to find out more about life in a UK boarding school.



Programme to include:

Coaching and visits to prep schools
Ndume Sevens
Cocktail Reception Muthaiga Club with special guest Dylan Hartley,
High Performance Lead at Rugby School.
Book to join: admissions@rugbyschool.net



MICHAELHOUSE

The Michaelhouse Marketing Team invites you and your son to meet with us at

THE BANDA SCHOOL

on **Thursday 19 June 2025**,
between 2 and 4pm

Cathy and Aphiwe are available to share our school's educational, spiritual, sporting and pastoral philosophies with you. They are happy to answer any questions you may have.



Or email: Catcas@michaelhouse.org

SECONDARY SCHOOL VISITS



The Wykeham Collegiate
Independent School for Girls, Pietermaritzburg

The Wykeham Collegiate
Marketing Team invites you and your
daughter to meet with us at

THE BANDA SCHOOL

on Thursday 19 June 2025,
between 2 and 4pm

Sandi and Kerry are available to
share our school's
educational, spiritual, sporting and
pastoral philosophies with
you. They are happy to answer any
questions you may have.

[CLICK HERE TO RSVP](#)

Or email: marketing@twc.org.za

STRATHALLAN SCHOOL

Opportunities for all to excel

We are delighted to announce that
Mr. Mark Lauder, the Headmaster
of Strathallan School, will be
visiting The Banda School in
Nairobi on Friday, 20th June 2025
from 10am to 12pm.

This is a wonderful opportunity to
meet Mr. Lauder in person and
learn more about the exceptional
educational experience offered at
Strathallan School in Scotland.

To book your individual
appointment, please
contact Alison at
alison.duthie@strathallan.co.uk

www.strathallan.co.uk



CHESS REPORT

Our upcoming grandmasters have been making moves in a couple of Chess events over the last few weeks:

Aliyah Abdalla showcased exceptional chess prowess at the Nairobi County Open Chess Championships by clinching the gold medal in the U12 girls' category, demonstrating sharp strategy and unwavering focus. Her younger brother, Abdullah Abdalla, participated in the U8 category, scoring a commendable 3.5 out of 6 points, with Aydin Daffi following closely with 3 out of 6 points in the same category.

At the Regis Chess Championships held on 24th May, Abdullah Abdalla made a strong impression by winning the U8 open category. His victory not only highlights his growing skills but also cements his potential as a rising star in the competitive chess scene, following closely in his sister's footsteps.

On the continental front, Aaliyah McKenzie achieved a major milestone by being crowned the U7 African Chess Champion at the Africa Schools Individual Chess Championship in Mombasa. Competing over six days and nine rounds against players from nine countries, her victory underlines her years of dedication. Additionally, Mali Mistri made a notable debut in the same U7 category, delivering a strong performance that signals a bright future in international chess.



GOLF REPORT

The week before half term, we entered a 4 man team to the second JGF sponsored tournament hosted by Windsor Golf Club. As it was 10 years and under I played our Year 5 boys again. Keith again played a very good 9 holes of 5 over gross. Jamin, Maxime and Seb were our other players and unfortunately they found the course far too difficult. We finished in 5th place overall with 55 over gross from our best 3 scores. The gross winner was 21 over from their 3 best scores so we were a long way back.

Over Half Term, KCB sponsored a Junior Competition hosted by Karen Country Club on Sunday 1st June. Our top players took part and finished 1st, Jamin 41 gross, 2nd Keith, 42 gross and 3rd Declan 45 gross (PB). Each of the boys had spent every day over the half term on the course and their efforts really paid off.

We will soon take part in the Hillcrest Drive, Chip and Putt competition. It will be held on the Hillcrest sports field on Wednesday 18th of June and has been played in the morning in the past. We will have 3 age groups U13, U11 and U9 with each team consisting of 4 players (boys and girls). The putting part is done on a fast cricket crease so if you want to do some practice try putting on a smooth floor over 24 feet. More details to follow in due course ~ **Mr P Walsh**



GIRLS TOUCH RUGBY MIX IN

On Friday, before the half term break, The Banda hosted the annual Girls Touch Rugby Mix-in. With many of the IAPS schools in Nairobi in attendance, it was a wonderful afternoon of free flowing and skilful running rugby. This served as the perfect preparation for our girls bid to be successful at this year's Ndume 7s in a few weeks' time. They went unbeaten across their 6 games on the day with girls from Year 5-8 making up our squad. Well played girls and good luck up at Pembroke on 21st June.



A VISIT FROM KENYA'S FASTEST SWIMMER, SARA MOSE

Our Swim Squad had a wonderful opportunity to meet and chat with Kenya's fastest swimmer, Sara Mose. Sara has represented Team Kenya since 2023 and captained Team Kenya at the age of 16! Last weekend, she became the best swimmer in the 18 years and over category at the National Swimming championships, breaking 4 meet records and qualified to represent Kenya at the World Aquatics Swimming Championships in Singapore from 27th July to 4 August 2025. Our swimmers had thoughtful questions to ask on her training regimen, diet and view of the world.



YEAR 7

Year 7 have started to learn about Commedia dell 'arte, in Drama class. Commedia dell 'arte is an Italian form of theatre where the actors use masks. We will be creating our own masks from recycled cereal boxes, and then using them in our acting scenes. Please save your cereal boxes for us! Stay tuned for more updates on this exciting project.



YEAR 6 TRIP

Year 6 are having a fantastic time on their trip. More photos and writeup to follow next week.



NOTICE BOARD

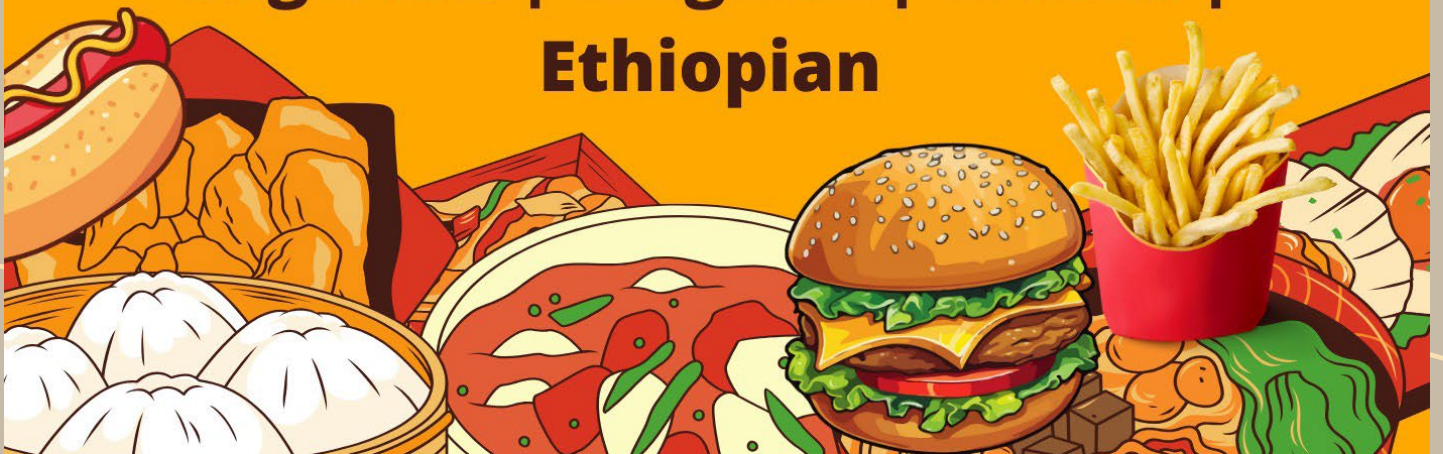
SAVE THE DATE

THE BANDA PTA FOOD FESTIVAL

**PONY RIDES | BOUNCY CASTLES
| HENNA ARTIST | SOCCER**

June 7th 2025 | Main School field | 10am - 2pm
Entertainment wrist bands: 2000/- on entry

**Italian | Dutch | British | South
African | Texan | Kenyan | Polish |
Nigerian | Belgium | British |
Ethiopian**



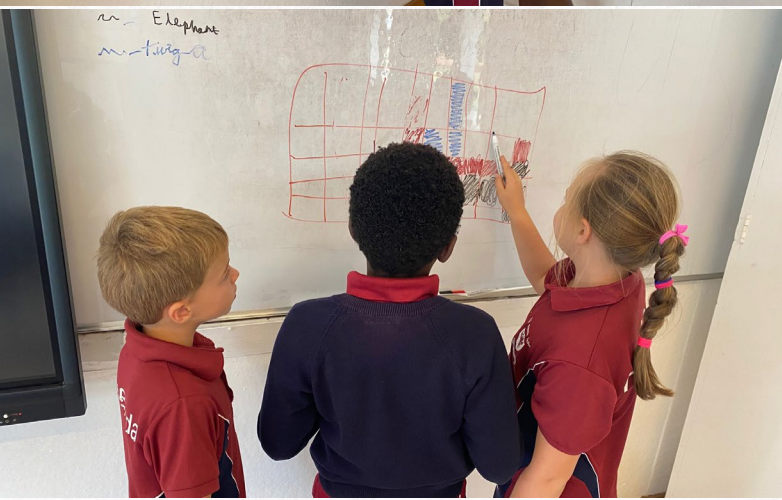
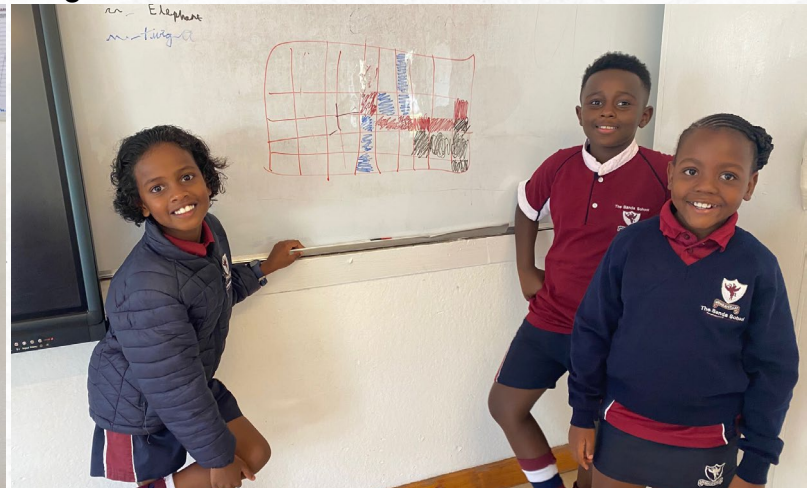
LOWER SCHOOL - YEAR 4

Our Year 4 pupils have been enthusiastically exploring the properties of polymers as part of their Design and Technology curriculum. Currently, they are working with acrylic to design and create their own products. As they near the final stages of their projects, students are focusing on refining their work. They are using both cross-filing and draw-filing techniques to remove surface marks from their acrylic pieces. Once the initial shaping is complete, they carefully smooth the edges using Wet and Dry abrasive paper, ensuring a professional finish. This hands-on project not only reinforces key material science concepts but also helps students develop fine motor skills and attention to detail — important qualities in both design and engineering.



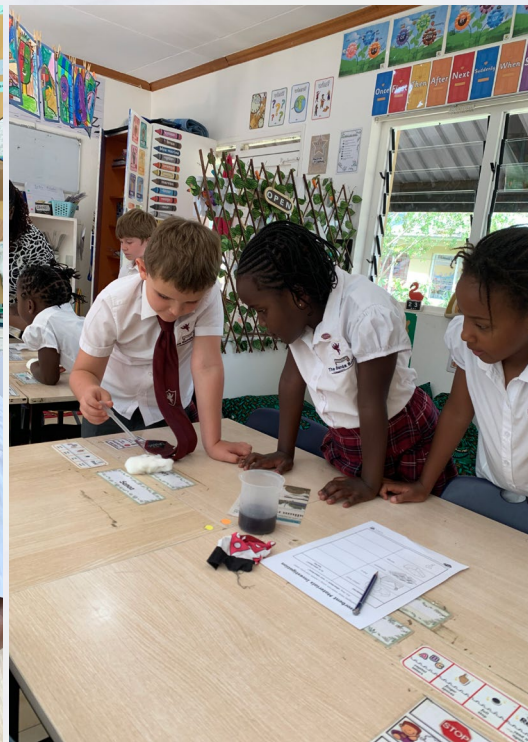
YEAR 3

This week, Azaria, Hari and Andre led the class in a fun Numeracy game that Mr Walsh taught them, where each group had 2 dice, rolled them and then our 'leaders' gave them an operation (eg add, subtract, divide or multiply) and the team member had to complete the operation and the first team to get the correct answer could colour in a box. The first team to make a line was the winner. We ended on a tie-breaker - very exciting times! Well done Azaria, Hari and Andre.



YEAR 2

This week our Science lesson was testing absorbency. Our task was to investigate which materials are the most absorbent and best suited to use for cleaning up a surface. We worked in groups, made predictions of what might happen, carried out our investigation and discussed our findings.



YEAR 1

This term, Year 1 has been busy exploring the wonderful world of 'mini beasts' in our exciting art project. We started by learning all about mini beasts — small creatures like ladybirds, snails, spiders, butterflies, and worms. We talked about where they live, what they eat, and why they are important in nature. Then the real fun began! Using paints, inks and spin art, we created our very own mini beast masterpieces. Year 1 created amazing snails using spin art and inks keeping to a limited colour palette. We used our imagination and looked closely at real-life bugs to help us with the details like how many eyes a spider has. Through this project, we have learned not just about art, but also about observing nature, working as a team, and using different materials in creative ways. The classroom is now crawling with our brilliant mini beast creations. Well done, Year 1 artists — you've made mini beasts to be proud of.



YEAR 1

Our Inventions topic looked at the invention of the car and the assembly line. We considered how cars have changed since Henry Ford's Model T and looked at vehicles that help people such as fire engines and ambulances. The children had a wonderful time inventing their own cars using recycled materials. The creativity and imagination on display was impressive! In Science we tested suitable materials to mend a broken umbrella.



PEGASUS EARLY YEARS - RECEPTION

In Reception, we have begun our new topic on space and have been engaging in a variety of creative and sensory activities. As part of Expressive Arts and Design, we turned ourselves into astronauts by first drawing an astronaut using a black marker, then cutting and sticking a picture of ourselves in the middle, and finally painting the background black. Alongside this, we explored different sensory experiences such as drawing with wet chalk, playing with ice, and developing our social skills through imaginative play—washing baby dolls and interacting with sea creatures.



NURSERY 2

Short but sweet! We introduced our topic "Habitats", starting with the "Deep Dark Woods"; we read the "Gruffalo" by Julia Donaldson. We explored what animals live in Forests, and chose our favourite Gruffalo character to draw. We also enjoyed making forest bugs in our cookery lesson!



NURSERY 1

As we delved into the sense of touch, the children thoroughly enjoyed experimenting with paint, gleefully using their fingers to create a vibrant finger-painted fun!



RIISING STARS

The Rising Stars are little explorers. They enjoyed using magnifying glasses to look at Dudus (minibeasts) as they played. They also tried breaking the ice using wooden hammers to free the minibeasts that were trapped in the frozen ice.



WEEK 8**MENU****MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****MORNING****BREAK****LUNCH:****SOUP****MAINS****VEGGIE /
SPECIAL
DIETS****SIDES****DESSERT
MAIN SCHOOL****DESSERT
PEY**Flapjacks
FruitSandwiches
FruitCrunchy Cookies
FruitCheese straws
FruitMarble Cake
FruitCream of Carrot
SoupCream of Leek &
Potato Soup
Croutons

Sandwich Bar

Macaroni in
Vegetable and
Cheese BakeCottage Pie
(PEY Mince & Rice)Chicken in
Tandoori Sauce

Beef Pilau

Chicken

Vegetable Pilau
GF Pasta in
Tomato SauceVegetable Pot Pie
GravyPaneer in Tandoori
Sauce

Vegetable Pilau

Cheese
Eggs

Yogurt Sauce

Butter Bean Curry

Crunchy
Vegetables

Spinach

Pita Bread
KachumbariYogurt Sauce
Sweetcorn & Peas

Salads

Fruit Crumble
& Custard

Yogurt & Honey

Fruit Salad

Fruit Platter

Cake & Custard

Fruit Crumble

Yogurt & Honey

Fruit Salad

Fruit Platter

Yogurt

- From sauces and chutneys to flapjacks and focaccia, 95% of our what we serve is cooked on-site by our catering staff
 - We cater for varied food preferences in our menu and always have Halal and allergen free options
 - All eggs are free range and organic as well as many of the vegetables

Menu is subject to change



CHEESE STRAWS



Ingredients

- 375 gm plain flour
- 285 gm butter cut in cubes
- 200 gm mature cheddar
- Pinch of English Mustard Powder

Method

1. Sift the flour and a pinch of salt into a bowl. Using your fingertips, rub in the butter until all the lumps are gone and the texture is like fine breadcrumbs. Stir in the cheese, mustard powder, and yolks. Add 4-5 tablespoons of cold water and mix to a firm dough.
2. Wrap in cling film or a reusable plastic bag and chill in the fridge for 30 minutes.
3. Preheat the oven to 190C.
4. Line a baking sheet with baking paper. Roll out the dough to a square. Cut the square in half, then cut each half into 1 cm/1/2 inch strips.
5. Transfer carefully onto the lined baking sheet and bake for 10-15 minutes, until crisp, then leave to cool on the tray.

SECONDARY SCHOOL INFO

Drinks & Nibbles
with Giles Bell



Meet and Greet - Shrewsbury School

Tuesday 17th June, 6:30-8:30pm

Giles Bell, Senior Admissions Tutor at Shrewsbury School, has great pleasure in inviting you to drinks and nibbles at 'The Tin Roof', Karen. Please do bring along any friends interested in hearing more about Shrewsbury.

Individual appointments are also available.

To book, please email:
gjfb@shrewsbury.org.uk



Join us for the Nairobi Information Evening!

Discover the exceptional co-educational experience offered by our **Family of Schools** in Makhanda (Grahamstown) - **St Andrew's College**, the **Diocesan School for Girls** and **St Andrew's Preparatory**. Three independent schools renowned for excellence in all spheres of education, rich tradition, adaptability and forward thinking, ensuring a holistic and innovative education.

Tuesday, 17 June 2025

18:00 for 18:30

Venue to be shared
on registration

[CLICK HERE TO BOOK](#) [Quicket](#)



- Nairobi to JHB = 4hrs 10min
- JHB to Gqeberha = 1hr 20min
- Drive time: Gqeberha to Makhanda = 1hr 20min
- Door to door = 6hrs 50min



COFFEE EVENT



RUGBY SCHOOL



Join us for a coffee with current Rugby School boarding parents. Hear first-hand what life is like at our UK boarding school.

18 JUNE, 3PM

THE MUTHAIGA CLUB, NAIROBI



RUGBY SCHOOL

Rugby School in Nairobi June 2025



Meet Dylan Hartley
High Performance Lead
at Rugby School

at a Cocktail Reception
at the Muthaiga Country Club
on Thursday 19th June at 18.30

Register via email to attend the cocktail:
admissions@rugbyschool.net



Meet the Rugby School
team at the upcoming
Ndume Sevens
on Saturday 21st June

Use the QR Code to learn more about the school

SECONDARY SCHOOL INFO



AMPLEFORTH COLLEGE

*Cordially invites you to a reception
to meet Harriet Langdale, Director of Admissions, and Will James, Head of Games
on Thursday, 19 June 2025, from 6 to 8pm
at
The Red Room, Muthaiga Country Club*

RSVP to Harriet Langdale
at replies@ampleforth.org.uk
by Saturday, 14 June 2025

Drinks and Canapés
PO Box 16526
Nairobi 00620



AMPLEFORTH COLLEGE

Ampleforth offers a Compass for Life. We educate the whole person, enabling each student to discover their unique interests and strengths, fulfil their academic potential, and learn what they can contribute to the world. Our welcoming community, rooted in Benedictine principles, teaches us that every child is a gift, and we learn to be better people through our shared life together and service to each other. Equipped with the skills and mindset needed to flourish, our students are inspired to be kind, thoughtful, and proactive members of society.



The Kenya
Collective

UK BOARDING SCHOOL DRINKS

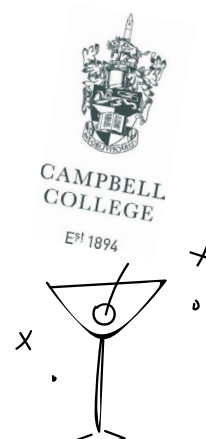


At The Social House, Lavington

Join us to meet and connect
with top UK Boarding
schools, incredible Kenyan
organisations and charities
to help your child achieve
their dreams



**WEDNESDAY 18TH
THURSDAY 19TH
JUNE 2025
7.30PM**



RSVP:

EVENTS@THEOVERSEASPLACEMENT.COM